

Dissecting Patterns of Care in Patients With Variant Histology of Bladder Cancer and Lymph Node Invasion

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Abstract

Objectives Lymph node invasion (LNI) is related to long-term survival in patients with muscle-invasive bladder cancer. However, in the case of variant histology (VH), data on pelvic lymph node dissection (PLND) and LNI are sparse. We described the pattern of care of PLND in patients with VHs of bladder cancer, exploring predictors of LNI.

Methods Using the 2001–2016 SEER registry, 20 767 bladder cancer patients who underwent PLND were identified. Included histological variants were pure urothelial carcinoma (UC), micropapillary UC, sarcomatoid UC, lymphoepithelioma-like UC, adenocarcinoma, sarcoma, giant and spindle cell carcinoma, squamous cell carcinoma (SCC), and neuroendocrine tumor. Uni- and multivariable logistic regression analyses tested for LNI predictors. Cox regression was used to test for predictors of overall mortality (OM) among both LNI positive and LNI negative patients.

Results Overall, 2464 (11.9%) harbored a VH. On multivariate analysis, only micropapillary UC was associated with higher risk (OR = 3.39) of LNI. This association was maintained when only the subset of patients treated without perioperative chemotherapy were analyzed (OR = 3.30). Similarly, higher T stage (T2 stage OR = 2.24; T3–4 stage OR = 9.44) and the use of chemotherapy (OR = 2.29) were associated with a higher risk of LNI. Among patients with LNI (5299, 25.5%), SCC (HR = 1.87), T3–4 stage (HR = 1.94), age at diagnosis (HR = 1.01) and geographic region (south) (HR = 1.22) were predictors of higher risk of OM. Conversely, chemotherapy (HR = 0.69) and number of removed LN (HR = -0.99) were associated with lower risk of OM. Finally, in a subgroup of patients without LNI, sarcomatoid UC (HR = 1.58) and giant and spindle cell carcinoma (HR = 1.83) were the only VH predictors of OM.

Conclusions We described different patterns of care in patients with VHs of bladder cancer. Micropapillary UC was an independent risk factor for LNI. Among patients harboring LNI, those with SCC VH had higher OM compared to pure UC. Conversely, sarcomatoid UC and giant and spindle cell carcinoma were predictors of OM in patients without nodal involvement.

Key Words

Bladder cancer, histological variants, lymph node dissection, lymph node metastasis

Competing Interests

None declared.

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Abbreviations

LNI	lymph node invasion
MIBC	muscle-invasive urothelial cancer
OM	overall mortality
PLND	pelvic lymph node dissection
SCC	squamous cell carcinoma
SEER	Surveillance, Epidemiology, and End Results
TURB	transurethral resection of the bladder
UC	urothelial carcinoma

Introduction

Lymph node metastases may occur in up to one fourth of patients with muscle-invasive urothelial cancer of the bladder (MIBC)[1], and their presence is an important indicator of long-term survival and cancer recurrence[2–4]. Therefore, radical cystectomy with pelvic lymph node dissection (PLND) is the standard treatment for MIBC[5,6].

While general agreement exists with respect to pure urothelial carcinoma, fragmentary evidence suggests caution in generalizing these findings to all the other histological variants of urothelial carcinoma and non-urothelial histology[7–11]. Histological variants are present in up to 25% of cystectomy specimens, and they have been traditionally associated with aggressive behavior[12–14]. Here, paucity of data about the use and the role of the PLND and the prevalence of lymph node metastases in these histological subtypes makes it difficult to determine a standard of care.

Given the lack of consensus, the European Association of Urology (EAU) partnered with the European Society of Medical Oncology (ESMO) and provided recommendations to guide specialists in this setting[7]. However, novel studies must address several gaps in the management of variant histology bladder cancer, including the different patterns of lymph node involvement according to the specific histology.

Using a population-based registry, we provided a description of the PLND patterns and the prevalence of lymph node invasion (LNI) in bladder cancer of urothelial and variant histology. Additionally, we explored potential predictors of lymph node metastasis.

Materials and Methods

Study Population

Within the Surveillance, Epidemiology, and End Results (SEER) database (2001–2016)[15], we selected patients aged 18 years or older with histologically confirmed bladder cancer (International Classification of Disease for Oncology [ICD-O] site codes C670–679), excluding

patients with urachal tumors (ICD-O site code C677) (Supplementary Figure 1; available at siuj.org). For the purpose of our analysis, we focused on patients with bladder cancer and non-systemic metastasis (T0-4N0-3) who underwent any form of treatment to the primary tumor, as well as PLND, and who harbored the following primary bladder histological variants (Supplementary Table 1; available at siuj.org): urothelial carcinoma (UC), micropapillary UC, lymphoepithelioma-like UC, sarcomatoid UC, adenocarcinoma, squamous cell carcinoma (SCC), giant and spindle cell carcinoma, neuroendocrine tumor and sarcoma[16]. These selection criteria yielded an initial study population of 20767 patients.

Variables Definition

The variables considered included variant histology together with the presence of LNI. Study covariates included age at the time of bladder cancer diagnosis, sex, race (White, Black, Hispanic, Asian, and other), marital status (married, never married, previously married, unknown), geographical region (West, Midwest, North-East, South), socioeconomic status (high versus low), administration of perioperative chemotherapy (either neoadjuvant or adjuvant), local treatment modality (radical cystectomy [RC], partial cystectomy, transurethral resection of the bladder [TURB] only, radiotherapy, trimodal therapy [TMT], no local treatment, other/unknown), T stage (T0/x, T<2, T2, T3–4), tumor grade (G1–4, unknown), number of lymph nodes removed (NNR), number of positive lymph nodes (NPN), and lymph node density (LN density).

Statistical Analysis

Descriptive statistics includes frequencies and proportions for categorical variables. Means, medians, and ranges were reported for continuously coded variables. Chi-square was used to test the statistical significance in proportions' differences. The *t* test and Kruskal-Wallis test examined the statistical significance of differences in means and medians[17]. Univariable and multivariable logistic regression analyses were used to test for predictors of LNI among patients who received PLND among several covariates. Sub-analyses focused on patients treated with RC. Univariable and multivariable Cox regression analyses were used to test for predictors of overall mortality (OM) among patients with LNI. Moreover, we performed sensitivity analyses focusing on patients who did not receive perioperative chemotherapy to mitigate the possible effect of either neoadjuvant or adjuvant chemotherapy treatments on both LNI and OM prediction. Finally, univariable and multivariable Cox regression analyses were also used to test for predictors of OM among patients without nodal disease (N0). *P*-values were adjusted using the conservative Bonferroni correction method, which

multiplies the raw *P*-values by the number of tests. For all statistical analyses, R software environment (version 3.6.1) was used. All tests were 2-sided with a level of significance set at $P < 0.05$.

Results

Overall descriptive characteristics

Overall, we identified 20 767 patients diagnosed with bladder cancer between 2001 and 2016 who underwent PLND (**Table 1**). Among them, 18 303 (88.1%) patients had UC, 889 (4.3%) SCC, 592 (2.9%) adenocarcinoma, 382 (1.8%) neuroendocrine tumor, 283 (1.4%) sarcomatoid UC, 177 (0.9%) micropapillary UC, 85 (0.4%) giant and spindle cell carcinoma, 38 (0.2%) lymphoepithelioma-like UC and 18 (< 0.1%) sarcoma. The vast majority of patients were diagnosed with T \geq 2 disease (17 843, 85.9%), without major differences across the histologic subtypes. RC represented the main primary treatment in all groups. Among non-RC primary treatments, a high percentage (132, 22.3%) of partial cystectomies was performed in adenocarcinoma patients (**Figure 1**). Perioperative chemotherapy was evenly administered in the different histologic subtypes, with patients with lymphoepithelioma-like UC (25, 65.8%), neuroendocrine tumor (250, 65.4%) and micropapillary UC (91, 51.4%) being most frequently treated with chemotherapy. The median number of removed lymph nodes ranged from 11 to 19 in all the study groups (**Figure 2**): patients with lymphoepithelioma-like UC had the highest number of lymph nodes removed (median 19, interquartile range [IQR]: 7–26), while patients with giant and spindle cell carcinoma had the lowest (11, 5–19).

LNI Cohort

In the study population, LNI was reported in 5299 (25.5%) patients (Supplementary Table 2; available at siuj.org), specifically 88 (49.7%) micropapillary UC, 117 (30.6%) neuroendocrine tumor, 175 (29.6%) adenocarcinoma, 11 (28.9%) lymphoepithelioma-like UC, 72 (25.4%) sarcomatoid UC, 4596 (25.1%) UC, 220 (24.7%) SCC, 17 (20.0%) giant and spindle cell carcinoma, 3 (16.7%) sarcoma. Patients with LNI had a higher stage disease (T3–4 stage 77.0% versus 41.6%; $P < 0.001$) and were more frequently treated with chemotherapy (55.1% versus 32.9%; $P < 0.001$) than patients without malignant nodal involvement (**Table 2**). Among different histological variants, UC (3.1%) and micropapillary UC (3.4%) presented the highest rates of LNI in non-muscle-invasive disease. Compared with UC (19.9%), all the other histological variants had lower rates of LNI in T2 disease, with the exception of micropapillary UC, which presented higher (27.3%) rates of LNI (Supplementary Table 2; available at siuj.org). At multivariate logistic

regression analysis (**Table 3**), only micropapillary UC was associated with a higher risk (OR [95%CI] = 3.39 [2.43–4.74]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) of LNI among the histological variants. Similarly, higher T stage (T2 stage OR [95%CI] = 2.24 [1.88–2.69], $P < 0.001$, Bonferroni adjusted $P < 0.001$; T3–4 stage OR [95%CI] = 9.44 [7.98–11.2], $P < 0.001$, Bonferroni adjusted $P < 0.001$), and the use of chemotherapy (OR [95%CI] = 2.29 [2.13–2.46]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) were associated with a higher risk of LNI. Analyses restricted to the population who received RC are shown in Supplementary Table 3 (available at siuj.org).

Sensitivity analysis of LNI among patients without perioperative chemotherapy treatment

Overall, 12 761 (61.4%) patients did not receive either neoadjuvant or adjuvant chemotherapy. Particularly, 11 187 (87.7%) patients had UC, 683 (5.4%) SCC, 402 (3.2%) adenocarcinoma, 132 (1.0%) neuroendocrine tumor, 182 (1.4%) sarcomatoid UC, 86 (0.7%) micropapillary UC, 63 (0.5%) giant and spindle cell carcinoma, 13 (0.1%) lymphoepithelioma-like UC and 13 (0.1%) sarcoma, as shown in Supplementary Table 4 (available at siuj.org). Among these, LNI was reported in 2380 (18.6%) patients (Supplementary Table 5; available at siuj.org). At multivariate logistic regression analysis (Supplementary Table 6; available at siuj.org), both micropapillary UC (OR [95%CI] = 3.30 [2.01–5.37]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) and higher T stage (T2 stage OR [95%CI] = 3.31 [2.54–4.37]; $P < 0.001$, Bonferroni adjusted $P < 0.001$; T3–4 stage OR [95%CI] = 15.39 [12–20.1]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) were confirmed to be associated with a higher risk of LNI.

Overall Mortality Data

When considering patients with LNI, median OM rate was 24 months (IQR 23–25) with a median follow-up of 22 months (IQR 9–42.7) regardless of histology variant. OM rates according to variant histology in patients with LNI is reported in Supplementary Table 7 (available at siuj.org). Among patients with LNI (**Table 4**), predictors of higher risk of OM were SCC (hazard ratio, HR [95%CI] = 1.87 [1.56–2.24]; $P < 0.001$, Bonferroni adjusted $P < 0.001$), histology, T3–4 stage (HR [95%CI] = 1.94 [1.52–2.47]; $P < 0.001$, Bonferroni adjusted $P = 0.03$), age at diagnosis (HR [95%CI] = 1.01 [1.01–1.01]; $P < 0.001$, Bonferroni adjusted $P < 0.001$), never married (HR [95%CI] = 1.24 [1.11–1.39]; $P < 0.001$, Bonferroni adjusted $P < 0.001$), and South Region (HR [95%CI] = 1.22 [1.10–1.35]; $P < 0.001$, Bonferroni adjusted $P < 0.001$). Conversely, chemotherapy (HR [95%CI] = 0.69 [0.64–0.74]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) and number of removed LN (HR [95%CI] = 0.99 [0.99–0.99]; $P < 0.001$, Bonferroni adjusted $P = 0.03$) were associated with lower risk of OM.

Analyses restricted to the population who received RC are shown in Supplementary Table 8 (available at siuj.org).

Sensitivity analysis of overall mortality among patients without perioperative chemotherapy treatment

Among patients with LNI and no perioperative chemotherapy treatment (n = 2380, Supplementary Table 9; available at siuj.org), SCC (HR [95%CI] = 2.06 [1.64–2.59]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) was confirmed to be the only histology variant predictor of OM. Moreover, number of removed LN (HR [95%CI] = 0.98 [0.98–0.99]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) was associated with lower risk of OM.

Sensitivity analysis of overall mortality among patients without LNI

When considering patients without lymph node invasion (n = 15 468, Supplementary Table 10; available at siuj.org), sarcomatoid UC (HR [95%CI] = 1.58 [1.28–1.94]); $P < 0.001$, Bonferroni adjusted $P = 0.001$) and giant and spindle cell carcinoma (HR [95%CI] = 1.83 [1.29–2.59]; $P < 0.001$, Bonferroni adjusted $P = 0.026$) were the only histology variants predictors of OM, as compared to the LNI cohort. Conversely, both chemotherapy (HR [95%CI] = 0.89 [0.83–0.95]; $P < 0.001$, Bonferroni adjusted $P = 0.015$) and number of removed LN (HR [95%CI] = 0.99 [0.99–0.99]; $P < 0.001$, Bonferroni adjusted $P < 0.001$) were confirmed to be associated with lower risk of OM.

Discussion

In this study, we explored the patterns of care associated with the diagnosis of a non-pure urothelial carcinoma of the bladder in the SEER database. We focused our attention on the LNI distribution according to the histological diagnosis in PLND patients, eventually exploring potential predictors of lymph node metastasis.

In general, histological variants are considered more aggressive than pure UC, which requires an aggressive therapeutic management even in case of non-muscle-invasive disease. For instance, the micropapillary, plasmacytoid and sarcomatoid variants of urothelial carcinoma have a worse prognosis than comparable high-grade, pure UC[18–21]. Therefore, the European Association of Urology (EAU) guidelines have included them in the highest risk group of non-muscle-invasive bladder cancer, for which radical cystectomy +/- neoadjuvant treatments should be considered[19]. Our study confirmed the aggressiveness of some variants in terms of overall mortality when considering patients with LNI, reporting a higher OM risk for SCC among all the VHS considered, regardless of perioperative chemotherapy treatment. Conversely, among patients without LNI, sarcomatoid UC and giant and spindle

cell carcinoma were associated with higher OM risk. Moreover, the survival advantage for bladder cancer patients linked to lymphadenectomy at the time of radical surgery has been shown by several studies[22], including a registry-based analysis[23], and it is supported by the fact that up to 25% of patients with organ-confined muscle-invasive bladder cancer have metastatic nodal disease[24].

It is still debated whether the presence of histological variants affects the incidence of lymph node metastasis, potentially affecting progression and survival. Kim et al. analyzed the outcomes of a cohort of 132 patients with bladder cancer showing squamous differentiation, 41 with glandular differentiation, and 13 with both variants[25]. The presence of differentiations, compared with a control cohort of pure UC patients, was associated with a higher rate of extravesical disease (pT3-T4 stage 70% versus 38%; $P < 0.001$) and lymph node involvement (20% versus 15%; $P = 0.05$), but it did not affect 10-year cancer-specific survival (52% versus 51%; $P = 0.71$). Similarly, a long-term analysis of a cohort of 52 patients with nested variant reported a positive association between the nested variant and the presence of locally advanced disease and lymph node metastases[26]. Nevertheless, the presence of nested variant did not influence either 10-year recurrence-free survival (80% versus 83%; $P = 0.46$) or cancer-specific survival (41% versus 46%; $P = 0.75$), when compared with pure UC patients. Another recent cohort study[27] of 525 bladder cancer patients treated with open radical cystectomy at a single tertiary center reported a histological variant in 131 patients (25.0%). Their data suggested that the presence of a variant histology was associated with a more advanced and biologically aggressive malignancy, including a higher frequency of lymphovascular invasion and nodal disease at radical cystectomy. Conversely, other studies did not find an association between histological variants and LNI, as reported by Marks et al. in their cohort of 138 patients with nodal metastases[28]. A variant histology was present in 96 patients, and the presence of variant histology was not associated with either the presence of lymph node metastases or extranodal extension. In our analysis, we found that the presence micropapillary UC was an independent risk factor for LNI after multivariate correction, and also after accounting for the possible effect of perioperative chemotherapy on nodal disease status. Micropapillary morphology in solid malignancies is known to have a distinct propensity for lymphovascular invasion, which can lead to a higher rate of LNI compared with the non-micropapillary histological variants[29,30]. Therefore, these observations suggest the need for further studies involving an accurate analysis of the biological, pathological, and clinical factors of the urothelial and non-urothelial bladder cancer variants

TABLE 1.

Descriptive characteristics of the overall population of study (n = 20767) according to the different histological subtypes

	Urothelial carcinoma (n = 18303)	Micropapillary UC (n = 177)	Lymphoepithelioma-like UC (n = 38)
Age at diagnosis, median (IQR)	68 (61–76)	70 (61–76)	68 (62–75)
Female sex, n (%)	4163 (22.7)	31 (17.5)	9 (23.7)
Race, n (%)			
White	15165 (82.8)	153 (86.4)	28 (73.7)
Black	1055 (5.8)	5 (2.8)	4 (10.5)
Hispanic	1158 (6.3)	8 (4.5)	2 (5.3)
Asiatic	828 (4.5)	10 (5.6)	4 (10.5)
Other	97 (0.5)	1 (0.6)	0 (0)
Socioeconomic status, n (%)			
High	9144 (49.9)	86 (48.6)	18 (47.4)
Low	9159 (50.1)	91 (51.4)	20 (52.6)
Region, n (%)			
West	9927 (54.2)	84 (47.5)	24 (63.2)
Midwest	2104 (11.5)	30 (16.9)	3 (7.9)
North-East	3146 (17.2)	16 (9)	5 (13.2)
South	3126 (17.1)	47 (26.6)	6 (15.8)
Marital status, n (%)			
Married	11771 (64.3)	117 (66.1)	28 (73.7)
Never married	2005 (11)	17 (9.6)	6 (15.8)
Previously married	3870 (21.1)	36 (20.3)	4 (10.5)
Unknown	657 (3.6)	7 (4)	0 (0)
Treatment, n (%)			
Radical cystectomy	16155 (88.3)	159 (89.8)	33 (86.8)
Partial cystectomy	796 (4.4)	7 (4)	2 (5.3)
TURB only	684 (3.7)	3 (1.7)	2 (5.3)
Radiotherapy	8 (0)	0 (0)	0 (0)
TMT	101 (0.6)	3 (1.7)	0 (0)
No local treatment	37 (0.2)	0 (0)	0 (0)
Other/Unknown	522 (2.9)	5 (2.8)	1 (2.6)

CT: chemotherapy; IQR: interquartile range; LN: lymph node; LNI: lymph node invasion; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

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	Sarcomatoid UC (n = 283)	Adenocarcinoma (n = 592)	Giant and spindle-cell carcinoma (n = 85)	Squamous cell carcinoma (n = 889)	Neuroendocrine tumor (n = 382)	Sarcoma (n = 18)
	69 (61–76)	63 (54–71)	71 (59–77)	68 (58–76)	68 (61–75)	75 (61–78)
	91 (32.2)	226 (38.2)	27 (31.8)	439 (49.4)	70 (18.3)	6 (33.3)
	225 (79.5)	410 (69.3)	70 (82.4)	707 (79.5)	319 (83.5)	14 (77.8)
	20 (7.1)	81 (13.7)	3 (3.5)	75 (8.4)	15 (3.9)	1 (5.6)
	19 (6.7)	59 (10)	8 (9.4)	74 (8.3)	27 (7.1)	3 (16.7)
	18 (6.4)	36 (6.1)	3 (3.5)	26 (2.9)	19 (5)	0 (0)
	1 (0.4)	6 (1)	1 (1.2)	7 (0.8)	2 (0.5)	0 (0)
	131 (46.3)	314 (53)	47 (55.3)	442 (49.7)	192 (50.3)	12 (66.7)
	152 (53.7)	278 (47)	38 (44.7)	447 (50.3)	190 (49.7)	6 (33.3)
	129 (45.6)	327 (55.2)	46 (54.1)	463 (52.1)	204 (53.4)	13 (72.2)
	45 (15.9)	47 (7.9)	6 (7.1)	103 (11.6)	38 (9.9)	0 (0)
	48 (17)	112 (18.9)	19 (22.4)	155 (17.4)	74 (19.4)	3 (16.7)
	61 (21.6)	106 (17.9)	14 (16.5)	168 (18.9)	66 (17.3)	2 (11.1)
	175 (61.8)	345 (58.3)	45 (52.9)	493 (55.5)	260 (68.1)	12 (66.7)
	27 (9.5)	102 (17.2)	12 (14.1)	124 (13.9)	46 (12)	2 (11.1)
	73 (25.8)	118 (19.9)	24 (28.2)	242 (27.2)	63 (16.5)	4 (22.2)
	8 (2.8)	27 (4.6)	4 (4.7)	30 (3.4)	13 (3.4)	0 (0)
	254 (89.8)	389 (65.7)	72 (84.7)	730 (82.1)	317 (83)	16 (88.9)
	14 (4.9)	132 (22.3)	5 (5.9)	59 (6.6)	29 (7.6)	0 (0)
	3 (1.1)	13 (2.2)	3 (3.5)	20 (2.2)	11 (2.9)	0 (0)
	0 (0)	0 (0)	0 (0)	1 (0.1)	0 (0)	0 (0)
	0 (0)	8 (1.4)	1 (1.2)	2 (0.2)	4 (1)	0 (0)
	0 (0)	3 (0.5)	0 (0)	8 (0.9)	1 (0.3)	0 (0)
	12 (4.2)	47 (7.9)	4 (4.7)	69 (7.8)	20 (5.2)	2 (11.1)

TABLE 1.

Descriptive characteristics of the overall population of study (n = 20767) according to the different histological subtypes, *Cont'd*

	Urothelial carcinoma (n = 18303)	Micropapillary UC (n = 177)	Lymphoepithelioma-like UC (n = 38)
Perioperative CT, n (%)			
Yes	7116 (38.9)	91 (51.4)	25 (65.8)
No/Unknown	11187 (61.1)	86 (48.6)	13 (34.2)
T stage, n (%)			
T0/x	110 (0.6)	0 (0)	0 (0)
T<2	2563 (14)	23 (13)	4 (10.5)
T2	6694 (36.6)	64 (36.2)	12 (31.6)
T3–4	8936 (48.8)	90 (50.8)	22 (57.9)
Grade, n (%)			
G1	114 (0.6)	0 (0)	0 (0)
G2	614 (3.4)	2 (1.1)	0 (0)
G3	5577 (30.5)	39 (22)	8 (21.1)
G4	11169 (61)	127 (71.8)	26 (68.4)
Gx	829 (4.5)	9 (5.1)	4 (10.5)
LNI, n (%)	4596 (25.1)	88 (49.7)	11 (28.9)
NNR, median (IQR)	12 (6–22)	15 (9–26)	19 (7–26)
LN density, mean	7.8	21	8.9

CT: chemotherapy; IQR: interquartile range; LN: lymph node; LNI: lymph node invasion; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

to define the best multidisciplinary (surgery, radiation therapy, chemotherapy, and innovative treatment strategies) approach for each histological subtype, with a particular emphasis on immunotherapy and targeted therapies[31–34].

It is clear that the time has come to gain a clear, ordered and practice-changing knowledge about these rare entities. Single- and small multi-institutional studies are generally unable to collect enough cases belonging to the different subtypes, potentially resulting in underpowered findings. Although retrospective registry-based analyses have access to greater numbers,

they are frequently incomplete and suffer from the lack of or underreporting of variables that may have had an impact on patient outcomes. With respect to bladder cancer variants, the lack of centralized pathological review of the cases, as well as the possible under recognition of rare histological entities outside high-volume centers, may hamper the generalization of the study conclusions. For all these reasons, to further advance the knowledge in the field of bladder cancer, centralized initiatives are needed to create prospective, centralized, multicenter bladder cancer registries, like the BRaVeRY (Bladder Variants RegistrY) protocol sponsored by the EAU Research Foundation[35]. With

	Sarcomatoid UC (n = 283)	Adenocarcinoma (n = 592)	Giant and spindle-cell carcinoma (n = 85)	Squamous cell carcinoma (n = 889)	Neuroendocrine tumor (n = 382)	Sarcoma (n = 18)
	101 (35.7)	190 (32.1)	22 (25.9)	206 (23.2)	250 (65.4)	5 (27.8)
	182 (64.3)	402 (67.9)	63 (74.1)	683 (76.8)	132 (34.6)	13 (72.2)
	2 (0.7)	6 (1)	1 (1.2)	17 (1.9)	1 (0.3)	1 (5.6)
	25 (8.8)	76 (12.8)	4 (4.7)	52 (5.8)	36 (9.4)	3 (16.7)
	81 (28.6)	137 (23.1)	25 (29.4)	188 (21.1)	129 (33.8)	3 (16.7)
	175 (61.8)	373 (63)	55 (64.7)	632 (71.1)	216 (56.5)	11 (61.1)
	1 (0.4)	21 (3.5)	0 (0)	58 (6.5)	1 (0.3)	0 (0)
	3 (1.1)	149 (25.2)	1 (1.2)	344 (38.7)	3 (0.8)	0 (0)
	85 (30)	241 (40.7)	22 (25.9)	308 (34.6)	101 (26.4)	4 (22.2)
	175 (61.8)	115 (19.4)	48 (56.5)	136 (15.3)	200 (52.4)	11 (61.1)
	19 (6.7)	66 (11.1)	14 (16.5)	43 (4.8)	77 (20.2)	3 (16.7)
	72 (25.4)	175 (29.6)	17 (20)	220 (24.7)	117 (30.6)	3 (16.7)
	13 (6–22)	11 (6–21)	11 (5–19)	11 (6–20)	12 (7–23)	13 (6–23)
	7.1	11.1	4.7	8.7	9.7	1.5

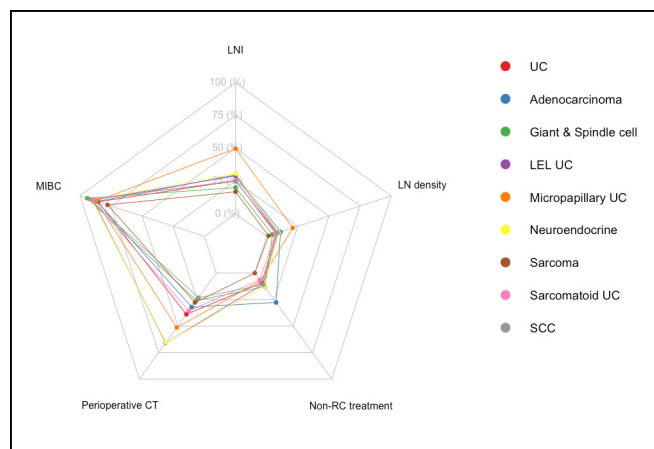
the creation of this multicenter registry, it will be possible to capture for the first time the therapeutic and surgical management of urothelial-histological variants and non-urothelial-histological variants in a real-life setting.

Despite its novelty, our study is not devoid of limitations. First, the presented retrospective SEER data^[15] are influenced by inherent selection biases, as well as by the lack of variables that may have an impact on LNI, such as lymphovascular invasion, treatment choice, and patient eligibility for chemotherapy. One of the main limitations of our study is related to the

impossibility of distinguishing between neoadjuvant and adjuvant chemotherapy treatment. It is well recognized, neoadjuvant chemotherapy could affect lymph node positivity rates, and patients who have neoadjuvant chemotherapy generally have more favorable oncological outcomes than patients who do not. As well, neoadjuvant treatments could be used differentially between histological variants. Nevertheless, micropapillary UC was confirmed to be the only histological variant predictor of LNI, even when patients who had not received any perioperative chemotherapy treatment were considered. Furthermore, SCC histology was found to be associated with a higher

FIGURE 1.

Radar plot showing the main clinical and pathological characteristics in the study population according to histological variant



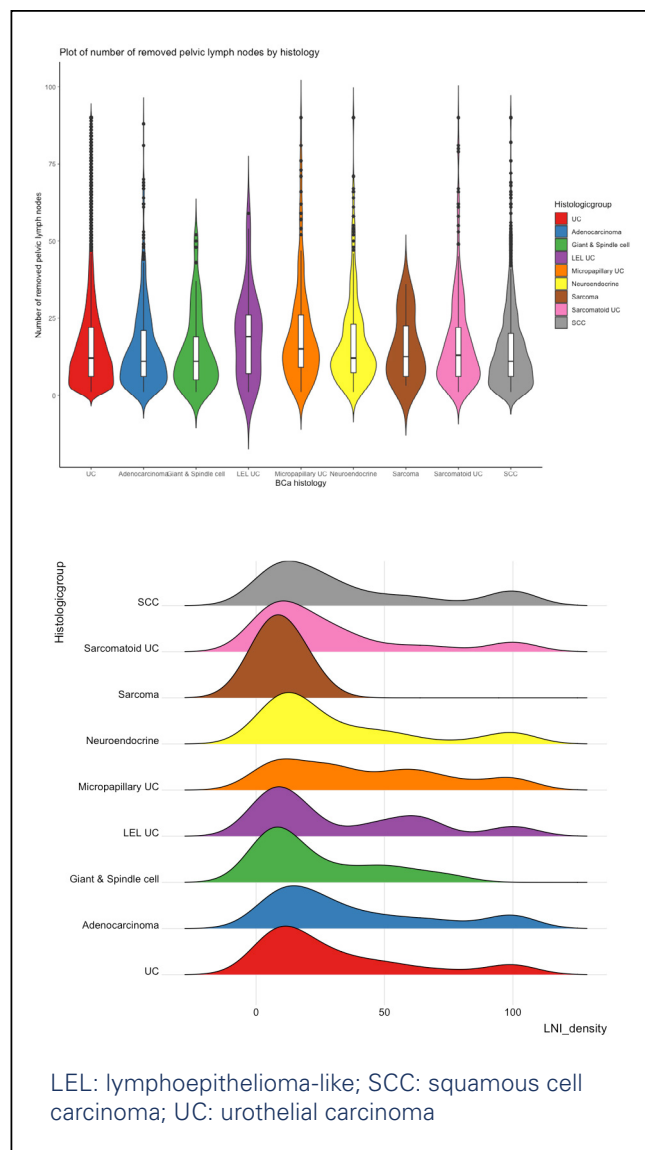
risk of OM than any of the other VHs considered, regardless of perioperative chemotherapy use, probably due to the inherent pathobiological behavior of this type of VH. Moreover, the SEER database does not allow identification of the reason for PLND, and some patients may have received PLND for staging purposes or have had aborted procedures, which have also been reported for prostate cancer[36]. Further, the SEER database does not include all the histological variants of bladder cancer identified by the 2016 World Health Organization classification of tumors of the urinary tract[37]; our analysis is therefore limited to the coded entities. The SEER database does not provide a central pathological review, which may have an impact on the accuracy of the reported variants, as bladder cancer variants are commonly underrecognized outside tertiary, high-volume centers[38,39]. Additionally, the SEER database does not discriminate between the histologic diagnosis at transurethral resection of the bladder tumor and the histologic diagnosis at partial or radical cystectomy and does not provide a quantitative evaluation of the variant component compared with the total tumor volume. Finally, the high heterogeneity of local treatments considered may have affected the detection rate of variant histology included in this study.

Conclusions

We described different patterns of care according to the histological variants in bladder cancer using the SEER database. In particular, we analyzed the rate at which PLND was performed and the prevalence of LNI, as is

FIGURE 2.

Violin plot showing the number of removed lymph nodes (above) and wave plot (below) showing the lymph node density, according to histological variant



well as the potential predictors of each. We found that the presence of micropapillary UC was an independent risk factor for LNI after multivariate correction, regardless of perioperative chemotherapy treatment. Additionally, among patients with LNI, SCC histology was associated with higher OM compared with pure UC. Our analysis highlights the need for international collaborations to advance knowledge with respect to urothelial and non-urothelial bladder cancer variants.

TABLE 2.

Descriptive characteristics according to the lymph node invasion status in the study population (n = 20767)

	Overall (n = 20767)	No LNI (n = 15468)	LNI (n = 5299)	P value
Age at diagnosis, median (IQR)	68 (60–76)	69 (61–76)	68 (60–75)	< 0.001
Sex, n (%)				
Male	15705 (75.6)	11844 (76.6)	3861 (72.9)	< 0.001
Female	5062 (24.4)	3624 (23.4)	1438 (27.1)	
Race, n(%)				
White	17089 (82.3)	12811 (82.8)	4278 (80.7)	< 0.001
Black	1260 (6.1)	873 (5.6)	387 (7.3)	
Hispanic	1359 (6.5)	984 (6.4)	375 (7.1)	
Asiatic	944 (4.5)	712 (4.6)	232 (4.4)	
Other	115 (0.6)	88 (0.6)	27 (0.5)	
Socioeconomical status, n (%)				
High	10385 (50.1)	7730 (50)	2655 (50.1)	0.9
Low	10382 (49.9)	7738 (50)	2644 (49.9)	
Region, n (%)				
West	11217 (54.0)	8363 (54.1)	2854 (53.9)	0.1
Midwest	2376 (11.4)	1804 (11.7)	572 (10.8)	
North-East	3578 (17.2)	2674 (17.3)	904 (17.1)	
South	3596 (17.3)	2627 (17.0)	969 (18.3)	
Histology, n (%)				
Urothelial carcinoma	18303 (88.1)	13707 (88.6)	4596 (86.7)	< 0.001
Micropapillary UC	177 (0.9)	89 (0.6)	88 (1.7)	
Lymphoepithelioma-like UC	38 (0.2)	27 (0.2)	11 (0.2)	
Sarcomatoid UC	283 (1.4)	211 (1.4)	72 (1.4)	
Adenocarcinoma	592 (2.9)	417 (2.7)	175 (3.3)	
Giant and spindle cell carcinoma	85 (0.4)	68 (0.4)	17 (0.3)	
Squamous cell carcinoma	889 (4.3)	669 (4.3)	220 (4.2)	
Neuroendocrine tumor	382 (1.8)	265 (1.7)	117 (2.2)	
Sarcoma	18 (0.1)	15 (0.1)	3 (0.1)	
Marital status, n (%)				
Married	13242 (63.8)	9983 (64.5)	3259 (61.5)	< 0.001
Never married	2339 (11.3)	1683 (10.9)	656 (12.4)	
Previously married	4440 (21.4)	3226 (20.9)	1214 (22.9)	
Unknown	746 (3.6)	576 (3.7)	170 (3.2)	

CT: chemotherapy; IQR: interquartile range; LN: lymph node; LNI: lymph node invasion; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

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TABLE 2.Descriptive characteristics according to the lymph node invasion status in the study population (n = 20767), *Cont'd*

	Overall (n = 20767)	No LNI (n = 15468)	LNI (n = 5299)	P value
Treatment, n (%)				
Radical cystectomy	18 125 (87.3)	13 677 (88.4)	4 448 (83.9)	< 0.001
Partial cystectomy	1 044 (5)	911 (5.9)	133 (2.5)	
TURB only	739 (3.6)	473 (3.1)	266 (5.0)	
Radiotherapy	9 (0)	2 (0)	7 (0.1)	
TMT	119 (0.6)	40 (0.3)	79 (1.5)	
No local treatment	49 (0.2)	19 (0.1)	30 (0.6)	
Other/Unknown	682 (3.3)	346 (2.2)	336 (6.3)	
Perioperative CT, n (%)				
Yes	8 006 (38.6)	5 087 (32.9)	2 919 (55.1)	< 0.001
No/Unknown	12 761 (61.4)	10 381 (67.1)	2 380 (44.9)	
T stage, n (%)				
T0/x	138 (0.7)	87 (0.6)	51 (1.0)	< 0.001
T<2	2 786 (13.4)	2 628 (17.0)	158 (3.0)	
T2	7 333 (35.3)	6 325 (40.9)	1 008 (19.0)	
T3–4	10 510 (50.6)	6 428 (41.6)	4 082 (77.0)	
Grade, n (%)				
G1	195 (0.9)	167 (1.1)	28 (0.5)	< 0.001
G2	1 116 (5.4)	936 (6.1)	180 (3.4)	
G3	6 385 (30.7)	4 579 (29.6)	1 806 (34.1)	
G4	12 007 (57.8)	8 949 (57.9)	3 058 (57.7)	
Gx	1 064 (5.1)	837 (5.4)	227 (4.3)	
NNR, median (IQR)	12 (6–22)	12 (6–22)	13 (6.5–21)	0.4
Positive LN, median (IQR)	0 (0–1)	0 (0)	2 (1–4)	< 0.001

CT: chemotherapy; IQR: interquartile range; LN: lymph node; LNI: lymph node invasion; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

TABLE 3.

Univariable and multivariable logistic regression analysis predicting lymph node invasion in the overall population (n = 20767)

	Univariate		Multivariate		Adjusted P value*
	OR (95%CI)	P value	OR (95%CI)	P value	
Histology					
Urothelial carcinoma	–		Reference		
Micropapillary UC	2.95 (2.19–3.97)	< 0.001	3.39 (2.43–4.74)	< 0.001	< 0.001
Lymphoepithelioma-like UC	1.22 (0.58–2.39)	0.6	0.84 (0.38–1.76)	0.7	1
Sarcomatoid UC	1.02 (0.77–1.33)	0.9	0.89 (0.66–1.18)	0.4	1
Adenocarcinoma	1.25 (1.05–1.50)	0.01	1.22 (0.99–1.50)	0.06	1
Giant and spindle cell carcinoma	0.75 (0.42–1.24)	0.3	0.60 (0.33–1.03)	0.07	1
Neuroendocrine tumor	1.32 (1.06–1.64)	0.01	1.04 (0.81–1.32)	0.8	1
Squamous cell carcinoma	0.98 (0.84–1.14)	0.8	0.90 (0.75–1.08)	0.3	1
Sarcoma	0.60 (0.14–1.81)	0.4	0.45 (0.10–1.48)	0.2	1
Age at diagnosis (years)					
	0.99 (0.99–1.00)	< 0.001	0.99 (0.99–1.00)	0.04	1
Sex					
Male	–		Reference		
Female	1.22 (1.14–1.31)	< 0.001	1.12 (1.03–1.22)	0.006	0.2
Race					
White	–		Reference		
Black	1.32 (1.17–1.50)	< 0.001	1.17 (1.01–1.34)	0.03	1
Hispanic	1.14 (1.01–1.29)	0.04	1.16 (1.01–1.34)	0.03	1
Asiatic	0.98 (0.84–1.13)	0.7	0.98 (0.83–1.16)	0.8	1
Other	0.92 (0.59–1.40)	0.7	0.85 (0.52–1.35)	0.5	1
Socioeconomic status					
Low	–		Reference		
High	1.01 (0.94–1.07)	0.9	0.99 (0.92–1.06)	0.7	1
Region					
West	–		Reference		
Midwest	0.93 (0.84–1.03)	0.2	0.84 (0.74–0.94)	0.003	0.1
North-East	0.99 (0.91–1.08)	0.8	0.93 (0.84–1.02)	0.1	1
South	1.08 (0.99–1.18)	0.07	1.02 (0.92–1.12)	0.7	1
Marital status					
Married	–		Reference		
Never married	1.19 (1.08–1.32)	< 0.001	1.13 (1.01–1.26)	0.03	1
Previously married	1.15 (1.07–1.25)	< 0.001	1.12 (1.03–1.23)	0.008	0.3
Unknown	0.90 (0.76–1.08)	0.3	1.04 (0.86–1.26)	0.7	1

CI: confidence interval; CT: chemotherapy; OR: odd ratio; NNR: number of lymph nodes removed; UC: urothelial carcinoma

* P values were adjusted using the conservative Bonferroni correction method which multiplies the raw P-values by the number of tests

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TABLE 3.

Univariable and multivariable logistic regression analysis predicting lymph node invasion in the overall population (n = 20767), *Cont'd*

	Univariate		Multivariate		Adjusted P value*
	OR (95%CI)	P value	OR (95%CI)	P value	
Perioperative CT					
No	–		Reference		
Yes	2.50 (2.35–2.67)	< 0.001	2.29 (2.13–2.46)	< 0.001	< 0.001
Treatment					
No local treatment	–		Reference		
Radical cystectomy	0.21 (0.11–0.36)	< 0.001	0.18 (0.09–0.34)	< 0.001	< 0.001
Partial cystectomy	0.09 (0.05–0.17)	< 0.001	0.09 (0.04–0.18)	< 0.001	< 0.001
TURB only	0.36 (0.19–0.63)	< 0.001	0.57 (0.29–1.07)	0.09	1
Radiotherapy	2.21 (0.48–15.9)	0.4	1.42 (0.27–11.23)	0.7	1
TMT	1.25 (0.62–2.48)	0.5	0.76 (0.35–1.61)	0.5	1
Other/Unknown	0.62 (0.33–1.11)	0.1	0.32 (0.16–0.62)	< 0.001	0.03
T stage					
T < 2	–		Reference		
T2	2.65 (2.23–3.16)	< 0.001	2.24 (1.88–2.69)	< 0.001	< 0.001
T3–4	10.6 (8.98–12.5)	< 0.001	9.44 (7.98–11.2)	< 0.001	< 0.001
T0/x	9.74 (6.63–14.2)	< 0.001	6.21 (4.08–9.35)	< 0.001	< 0.001
Grade					
G1	–		Reference		
G2	1.15 (0.76–1.80)	0.5	0.78 (0.50–1.27)	0.3	1
G3	2.35 (1.60–3.60)	< 0.001	1.50 (0.98–2.37)	0.07	1
G4	2.04 (1.39–3.11)	< 0.001	1.33 (0.87–2.10)	0.2	1
Gx	1.62 (1.07–2.52)	0.03	1.16 (0.74–1.87)	0.5	1
NNR	1.00 (0.99–1.00)	0.5	1.00 (0.99–1.00)	0.3	1

CI: confidence interval; CT: chemotherapy; OR: odd ratio; NNR: number of lymph nodes removed; UC: urothelial carcinoma

* P values were adjusted using the conservative Bonferroni correction method which multiplies the raw P-values by the number of tests

TABLE 4.

Univariable and multivariable Cox regression analyses predicting overall mortality among patients with lymph node invasion (n = 5299)

	Univariate		Multivariate		Adjusted P value*
	HR (95%CI)	P value	HR (95%CI)	P value	
Histology					
Urothelial carcinoma	–		Reference		
Micropapillary UC	0.97 (0.72–1.30)	0.84	1.09 (0.81–1.47)	0.55	1
Lymphoepithelioma-like UC	0.46 (0.11–1.82)	0.27	0.47 (0.12–1.87)	0.28	1
Sarcomatoid UC	1.55 (1.16–2.08)	< 0.001	1.37 (1.02–1.84)	0.04	1
Adenocarcinoma	1.17 (0.97–1.42)	0.10	1.10 (0.90–1.34)	0.36	1
Giant and spindle cell carcinoma	0.69 (0.29–1.66)	0.40	0.67 (0.28–1.60)	0.36	1
Neuroendocrine tumor	1.33 (1.06–1.68)	0.01	1.34 (1.06–1.70)	0.01	0.35
Squamous cell carcinoma	2.03 (1.72–2.40)	< 0.001	1.87 (1.56–2.24)	< 0.001	< 0.001
Sarcoma	4.69 (1.17–18.8)	0.03	4.84 (1.21–19.4)	0.03	1
Age at diagnosis (years)	1.01 (1.01–1.01)	< 0.001	1.01 (1.01–1.01)	< 0.001	< 0.001
Sex					
Male	–		Reference		
Female	1.12 (1.04–1.21)	< 0.001	1.04 (0.96–1.13)	0.37	1
Race					
White	–		Reference		
Black	1.27 (1.12–1.45)	< 0.001	1.18 (1.03–1.36)	0.02	0.7
Hispanic	0.93 (0.81–1.08)	0.33	0.97 (0.84–1.13)	0.73	1
Asiatic	0.97 (0.82–1.15)	0.76	1.04 (0.88–1.24)	0.65	1
Other	1.02 (0.62–1.67)	0.94	1.04 (0.63–1.70)	0.89	1
Socioeconomic status					
Low	–		Reference		
High	1.01 (0.94–1.08)	0.77	1.00 (0.93–1.08)	0.96	1
Region					
West	–		Reference		
Midwest	1.07 (0.95–1.21)	0.23	1.10 (0.97–1.25)	0.12	1
North-East	1.15 (1.04–1.27)	< 0.001	1.05 (0.95–1.17)	0.33	1
South	1.28 (1.16–1.41)	< 0.001	1.22 (1.10–1.35)	< 0.001	< 0.001
Marital status					
Married	–		Reference		
Never married	1.27 (1.14–1.41)	< 0.001	1.24 (1.11–1.39)	< 0.001	< 0.001
Previously married	1.21 (1.11–1.32)	< 0.001	1.10 (1.01–1.21)	0.03	1
Unknown	0.94 (0.76–1.18)	0.61	0.90 (0.71–1.12)	0.34	1

CI: confidence interval; CT: chemotherapy; HR: hazard ratio; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

* P values were adjusted using the conservative Bonferroni correction method which multiplies the raw P-values by the number of tests

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TABLE 4.

Univariable and multivariable Cox regression analyses predicting overall mortality among patients with lymph node invasion (n = 5299), *Cont'd*

	Univariate		Multivariate		Adjusted P value*
	HR (95%CI)	P value	HR (95%CI)	P value	
Perioperative CT					
No	–		Reference		
Yes	0.65 (0.61–0.70)	< 0.001	0.69 (0.64–0.74)	< 0.001	< 0.001
Treatment					
No local treatment	–		Reference		
Radical cystectomy	0.77 (0.46–1.27)	0.30	0.83 (0.48–1.45)	0.51	1
Partial cystectomy	0.67 (0.38–1.16)	0.15	0.65 (0.36–1.18)	0.16	1
TURB only	0.92 (0.54–1.56)	0.76	1.12 (0.63–1.98)	0.70	1
Radiotherapy	3.08 (1.19–7.93)	0.02	3.82 (1.46–9.98)	0.01	0.35
TMT	0.82 (0.46–1.46)	0.51	1.13 (0.61–2.09)	0.70	1
Other/Unknown	0.94 (0.56–1.59)	0.82	0.98 (0.55–1.75)	0.96	1
T stage					
T<2	–		Reference		
T2	1.05 (0.82–1.35)	0.70	1.12 (0.87–1.45)	0.37	1
T3–4	1.83 (1.45–2.33)	<0.001	1.94 (1.52–2.47)	<0.001	0.03
T0/x	1.64 (1.04–2.56)	0.03	1.32 (0.81–2.15)	0.27	1
Grade					
G1	–		Reference		
G2	1.36 (0.80–2.29)	0.25	0.95 (0.56–1.62)	0.86	1
G3	1.15 (0.70–1.88)	0.59	1.05 (0.64–1.72)	0.85	1
G4	1.00 (0.61–1.63)	0.99	0.99 (0.61–1.63)	0.98	1
Gx	1.08 (0.64–1.81)	0.78	0.98 (0.58–1.66)	0.94	1
NNR	0.99 (0.99–0.99)	<0.001	0.99 (0.99–0.99)	<0.001	0.03

CI: confidence interval; CT: chemotherapy; HR: hazard ratio; NNR: number of lymph nodes removed; TMT: trimodal therapy; TURB: transurethral resection of the bladder; UC: urothelial carcinoma

* P values were adjusted using the conservative Bonferroni correction method which multiplies the raw P-values by the number of tests

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