

BOOK REVIEWS

Inleiding tot die interne Geneeskunde: H. P. Wasserman (1978). Stellenbosch Universiteitsuitgewers en Boekhandelaars. 535 bls. Hardeband. Derde uitgawe.

Hierdie teks vul 'n leemte in die opleiding van Afrikaanssprekende fisioterapie studente. Hoewel dit hoofsaaklik vir verpleegsters bedoel is, sal dit 'n uitstekende inleiding vir paramedici wees.

Die rangskikking van hoofstukke, asook die inhoud van hoofstukke in die volgorde van basiese beginsels, toestande wat algemeen voorkom en seldsame toestande, is handig.

Die boek is van besondere waarde daar dit spesifiek met Suid-Afrikaanse geneeskunde gemoeid is, vandaar die afwesigheid van verwysings na ander skrywe.

Sommige van die toestande sal egter meer breedvoerig deur fisioterapie studente bestudeer moet word en bykomende of verwysing na aanvullende skrywe kan van waarde wees. As teksboek vir inleidende voorgraadse studie is die werk baie geskik.

Die inhoudsopgawe is goed uiteengesit met besonderhede oor die verskillende onderafdelings, net jammer dat bladsy aanwysing nie altyd korrek is nie.

DEPARTEMENT VAN GESONDHEID/ DEPARTMENT OF HEALTH

'n Interessante reeks boekies is gratis van die Departement van Gesondheid beskikbaar in albei landstale as deel van die Nasionale Gesondheidsvoorligtingsprogram.

An interesting series of booklets is available free from the Department of Health in both official languages, as part of the National Health Programme.

Die Sportman en sy dieet/The Sportsman and his diet.

A. C. MILLER & CO. ORTHOPAEDIC MECHANICIANS

Technicians registered with S.A. Medical and Dental Council specialising in the following:
ORTHOPAEDIC APPLIANCES, SURGICAL CORSETS, CERVICAL COLLARS, CHILDREN'S SHOES AND BOOTS, ARTIFICIAL LIMBS, LATEST IN PLASTIC MODIFICATION.
HIRING AND SELLING OF HOSPITAL EQUIPMENT AND SICK ROOM REQUISITES, e.g. WHEEL CHAIRS, COMMOCES, HOSPITAL BEDS, WALKING AIDS, TRACTION APPARATUS, etc.

Telephone P.O. Box 3412
23-2496 275 Bree Street
Johannesburg

Ek en my hart/My heart and I.
Gesondheidspioniere van die Wêreld/World pioneers in the field of Health

Gesondheidsorg vir die plaaswerker/Health care for the farm worker.

Die Gesondheidsorg van die Bejaarde/Health care for our senior citizens.

Stofbestryding/Dust prevention.

U kind se tande/Your child's teeth.

Borsvoeding/Breastfeeding.

Immunisering/Immunization.

Dwelmmiddelmisbruik en die gebruik en misbruik van medisyne/Drug abuse and the use and abuse of medicine.

Tienderjarige, wat eet jy?/Teenager, what do you eat?

Suksesvolle gesinsbeplanning/Successful family planning.

Giftige Suid-Afrikaanse slange en slangbyt/Poisonous South African snakes and snake bite.

Textbook of Orthopaedic Medicine. Diagnosis of Soft Tissue Lesions. Vol. 1, 7th Ed., Cyriax, J. London, Baillière Tindall. R29.95.

"It has been my life's work to devise, and as far as possible to perfect, a method of clinical examination which leads to accurate diagnosis in locomotor disorders, enabling the physician to ignore ubiquitous misleading phenomena of referred pain and referred tenderness". (Author's preface). The physical examination and treatment of the soft tissue structures of the locomotor system are topographically clearly described. Manipulation: medical and lay is discussed.

In addition, this edition of this book already well-known to physiotherapists especially those interested in treating soft tissue problems, includes a review of literature up to the end of 1977 so that researchers can be guided to the original record. Chiropractic is also discussed more fully than in previous editions.

The book is well-presented and would be a valuable addition to the library of medical and physiotherapy training institutions as well as a valuable acquisition to physiotherapists working in this sphere.

M. J. Runnalls

CORRESPONDENCE

Dear Madam

I shall be most grateful if you will publish this letter of appeal to the public of South Africa to send me any used disposable lighters they may have. I arrange for these lighters to be re-cycled and 20 cents for each lighter then re-sold is donated to Tsanga Lodge, a rehabilitation centre for our wounded forces which is situated in our own Eastern Highlands near Umtali.

Despite the discussions in London and a hopeful settlement of our problems, there will be a great need, for many years to come, for centres such as Tsanga Lodge and the help of the people of South Africa, by co-operating in this scheme for the recycling of lighters, would be much appreciated as a regular source of income to the Lodge.

Yours faithfully

M. R. M. Hume
P.O. Box 449, Umtali
Zimbabwe Rhodesia.