

# ACTIVITIES OF THE S.A. SOCIETY OF PHYSIOTHERAPY — APRIL-OCTOBER 1978

## Professional Board for Physiotherapy

The newly appointed Board has held two meetings since April. At the first meeting Mrs. Levy was elected chairman, Mrs. M. Beattie vice-chairman and Mrs. A. Mathias as the third physiotherapist member of the Executive Committee.

The advice of the SA Society of Physiotherapy has been sought by the Board on a variety of issues, whilst the Society has approached the Board on several issues. In all instances the advice of the relevant Special Interest Groups has been sought. The following are some of the issues:

1. The content of introductory circulars distributed by physiotherapists when setting up private practice. It has since been decided that once examples have been sent in by the Branches, the matter will be finalised at Council in April 1979.
2. An acceptable schedule of fees for physiotherapists for private patients and M.V.A. cases. Gazetted fees plus 33 $\frac{1}{3}$ % is the recognised fee for these.
3. Suggested guidelines for the use of inspectors appointed by the Board who visit training centres to assess the standard of training. This question is in the hands of the Lecturers Group for further discussion.
4. Criteria for the registration of additional qualifications of physiotherapists.

Approaches made by the Society to the Board include:—

1. That the scope of our profession be amended to include the terms "remedial gymnastics" and "recreational therapy".
2. That temporary registration for visiting lecturers be considered. This matter has been discussed and agreed upon, but final permission must be obtained from the Minister of Health by the Professional Board.

## Registration Sub-Committee

A Committee has been formed consisting of the following members: Mrs. J. Beenhakker, Miss F. de Bruin, Mrs. F. Glauber and Mrs. A. McFarlane. This committee will deal mainly with the applications for registration from foreign trained physiotherapists wanting to work in South Africa.

## Registration Fees

S.A.M.D.C. registration fees for the Professional Board for Physiotherapy have been increased to R15,00 from 1 October 1978 and members are urged to be prompt in paying as otherwise they will be practising illegally if resident in a prescribed area.

## National Executive Committee

During the months April to October 1978 the N.E.C. met six times. During this time Mrs. Levy, Chairman, and other members of the Committee were overseas attending the W.C.P.T. Congress in Israel.

## FINANCE

*Group Insurance Indemnity Policy.* The premium will be increased to R8,00 as from 1 January 1979 for all practising members. Most Branches have already collected R5,00 towards next year so a further amount of

R2,50 will have to be collected from each member. The Insurance Brokers have made extensive investigations into the possibility of obtaining similar cover at a lesser premium but it has been established that this is not an unreasonable increase in view of the benefits offered. Individual insurance for members would be exorbitant, and without insurance cover members are running very serious risks which could cripple them financially for life.

*Paid Secretary.* The Treasurer is investigating the possibility of the Society employing a professional part-time paid General Secretary.

## Increase in Membership of the SA Society of Physiotherapy

The membership of the Society is now in excess of 1150 members and is still growing. However there are still many physiotherapists registered with the S.A.M.D.C. who are not members of the SA Society of Physiotherapy. Every effort must be made to encourage these practising persons to join the Society and thus strengthen our ranks.

## 13th National Council Meeting

This will be held in Cape Town from 23-27 April 1979 with the actual Council Meeting on 26 and 27 April. The detailed programme appears on the centre pages of this issue. The number of delegates to attend Council and the expense involved are under discussion.

## Postal Votes

Those delegates required to vote must do so only under instruction of their Branches and not in their personal capacity. This must be made very clear by Branch Chairmen when giving instructions to the delegates.

## The 5th National Committee of Representatives

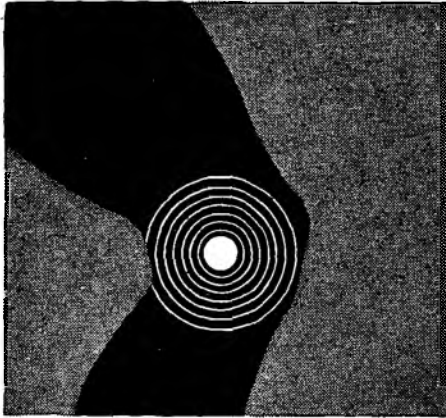
This meeting was held in Johannesburg on 30 September 1978. A full day of deliberations took place with a very representative gathering, delegates from all Branches of the Society and Special Interest Groups being present. The following were read or tabled, and discussed:

1. Amendments to the Constitution.
2. Reports from the N.E.C. and Treasurer.
3. Report from the delegates, E. M. Botting, P. Bowerbank and A. Mathias, who attended the W.C.P.T. General Meeting in Israel in May 1978.
4. Reports from the Special Interest Groups, Branches and Society Representatives.

Many important and significant issues were raised and lively discussion was stimulated. Details will be made available in the minutes.

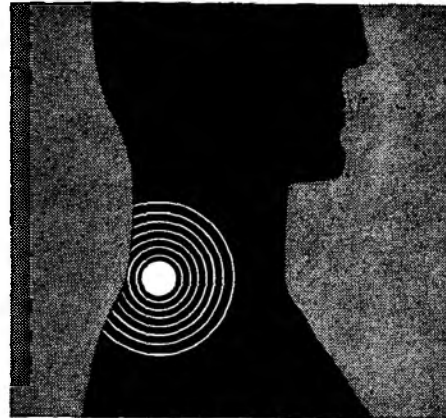
## ERRATA

**FILM REVIEW IN JUNE EDITION.** Please note films **Total Hip Replacement** and **Total Knee Replacement** are not available from M.S.D. (Pty) Ltd. (our Catalogue No. 19) but only from Lilly Laboratories SA (Pty) Ltd (our Catalogue No. 18).



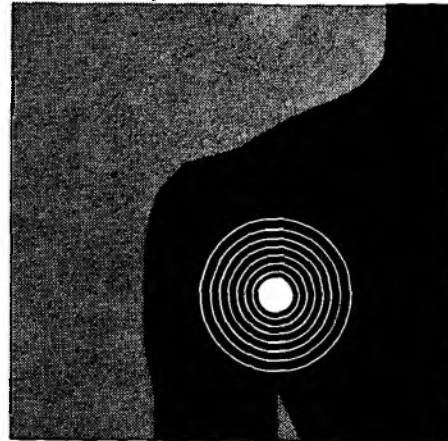
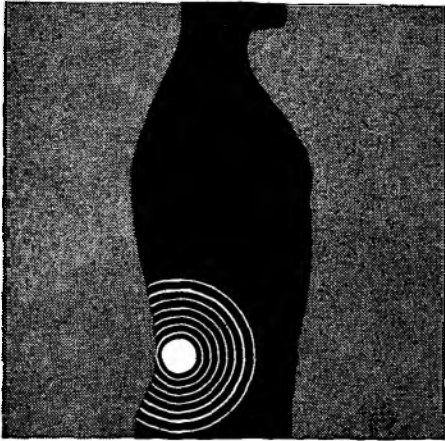
1. Rheumatic pains in joints and muscles

3. Muscle cramps and stiffness



2. Fibrositis

4. Other local pains and aches



S1

Formula:  
Diethylamine  
Salicylate 10 g  
Nopoxamine 1 g  
Excipient q.s.ad. 100 g

# pain is our scene...

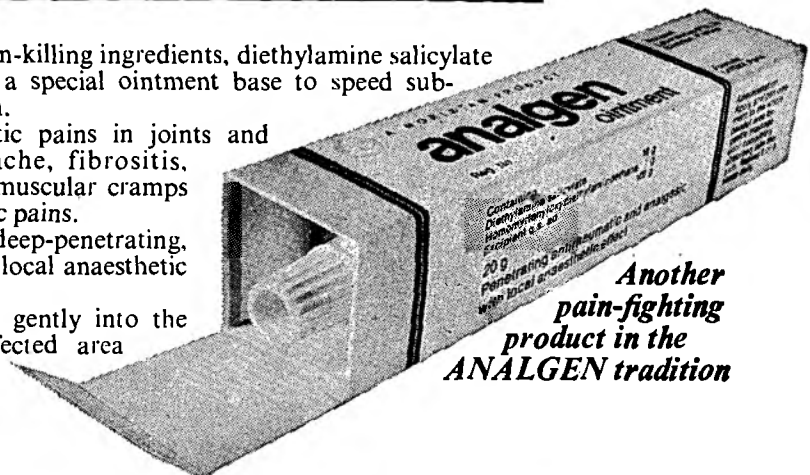
## analgen ointment

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## NEWS FROM SPECIAL INTEREST GROUPS

### Lecturers Group of S.A.S.P.:

Secretary: Miss S. Irwin-Carruthers,  
Physiotherapy Department,  
P.O. Box 63,  
Tygerberg,  
7505.

### Manipulative Therapists Group of S.A.S.P.:

Secretary: Miss C. de Smidt,  
Erin Villa,  
5 Lower Trill Road,  
Observatory,  
7925.

### National Hospital Group of S.A.S.P.:

Secretary: Miss P. Bowerbank,  
605 Tivoli Flats,  
9th Avenue,  
Wonderboom South,  
Pretoria.  
0084.

### Obstetric Association of S.A.S.P.:

Secretary: Mrs. H. B. Kastell,  
26 Desborough Ave.,  
Winston Ridge,  
Johannesburg,  
2196.  
Tel.: 40-4557.

### Private Practitioners' Association of S.A.S.P.:

Secretary: Miss B. Winter,  
936 Libertas Medical Centre,  
Goodwood,  
7460.

### S.A. Neurodevelopmental Therapy Association:

Secretary: Mrs. M. van der Spuy,  
c/o Vista Nova School for Cerebral Palsied  
Children,  
Milner Road,  
7700 Rondebosch.

### LECTURERS' GROUP

A workshop on Evaluation, organised by Mrs. J. Beenhakker of Witwatersrand University, was held on 14 September 1978. The workshop started with a formative pre-test on evaluation, followed by a short talk on the purpose of evaluation. Participants then divided into small groups to work out measuring instruments to test whether:

1. On completion of training the physiotherapy student will understand the personal attitudes required for physiotherapy and will practise according to the ethics of her profession.
- or
2. On completion of training the physiotherapy student will be able to work effectively in a multi-disciplinary team, both in health care and research.

This was followed by a plenary session in which the groups presented their work for discussion. In the afternoon groups worked towards:

1. Finding an effective method of assessing students in the clinical situation.

or

2. Finding an effective method of evaluating students in the final practical examinations.

Again this was followed by a plenary session. The most interesting suggestions were made by groups studying the former problem, where the suggestion was made that the present clinical examination be supplemented by both peer and staff audit of the standard of health care delivered by the student, on the basis of audit of a problem-oriented record system, and also be an internal clinical examination during the last week of each clinical block on which the student works.

The staff of the University of the Witwatersrand then presented some ideas on the setting of papers, including a shredding session. The workshop was attended by clinical supervisors as well as teaching personnel and discussions were stimulating and thought-provoking.

A general meeting of the Lecturers' Group was held on 15th September 1978. Matters discussed included the registration of additional qualifications, guidelines for minimal standards for degree courses, ways and means of specialisation within the profession and a report on the activities of the Interest Group for Research in Physiotherapy, which has been formed in the Transvaal. It was unanimously agreed that the need existed for a research interest group at a national level and the Lecturers' Group would like to congratulate and support the initiative of the group formed at the University of the Witwatersrand.

The next meeting of the Group will be on Monday 23 April 1979 in Cape Town. On Tuesday 24 April the Group will combine with the National Hospital Group in a workshop on clinical supervision in which students, hospital staff and teaching staff will present their views. We hope that all those concerned in the training of students will be able to attend.

One of the very early members of the Group, Ralph Rogers, has resigned from the Group. Mr. Rogers was the first head of the Department of Physiotherapy at the University of the Orange Free State, and the Group wishes him a very happy retirement in Knysna. We also welcome three new members — Miss van der Mast and Mrs. Groenewald of the Pretoria College and Miss Uys of the University of Stellenbosch.

### PRIVATE PRACTITIONERS ASSOCIATION

**W.C.A.** The Executive Committee is pleased to be able to state that rule 008 of Government Gazette no. 5765 of the 7th October 1977 will now also apply for all W.C.A. cases with immediate effect (from 8/9/78). This means that doctors need no longer prescribe techniques to be used in detail and that up to three modalities will be paid for in the same way as for medical aid patients. Concern has been expressed about the delay in receiving permission to exceed twenty treatments, and no permission being given in cases authorised and requested by the patient's doctor. The Committee is investigating means of improving the situation.

**Medical Aid Accounts.** Mr. Nezar of R.A.M.S. has requested that attention be drawn to the amendment of the Medical Schemes Act which states that an account may be sent by registered mail direct to the scheme concerned two months (not one month) after the date of the account rendered to the patient, i.e. the third account.

**Directory of Members.** The 1978 directory of members of the Private Practitioners' Association is now available. Copies may be obtained from local Branch

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chairmen, or from the Secretary, 936 Libertas Medical Centre, Goodwood 7460. The list of addresses is now divided into Branch areas as well as Provinces. Residential addresses and telephone numbers have been omitted in order to save on printing expenses in accordance with a decision of the previous executive committee. Advertisements have been accepted for the same reason. The directory is intended for distribution to medical practitioners and specialists for reference purposes.

**Annual General Meeting.** The AGM of the Association will be held at the Newlands Hotel, Cape Town on Saturday 17th February 1978. It will be preceded by a cocktail party on Friday evening. The official dinner will be on Saturday evening. Any member of the P.P.A. is welcome to attend the meeting.

**Complaints.** The address for complaints about registered medical schemes is: The Registrar of Medical Schemes, P/Bag X88, Pretoria, 0001, and not R.A.M.S. as stated in the Newsletter.

## BRANCH NEWS / TAKNUUS

### NATAL COASTAL

At our August Branch meeting, Mr Scadden spoke on "Backs". This was most informative.

In September our branch held a highly successful symposium on "Headaches". A panel of 5 speakers spoke on various aspects of headaches. The speakers were:—

Neurologist: Dr Thorne  
Clinical Psychologist: Mr Schlebusch  
Maxillo-facial surgeon: Mr Uys  
Professor of Pharmacology: Professor Leary  
Physiotherapist: Mrs Morton

Approximately 100 people attended — doctors and para-medicals. After the meeting there was a cheese and wine party, donated by Sandoz.

In October we held our A.G.M. at which the new Executive Committee was elected.

Chairman: Mrs. J. Morton  
Secretary: Miss S. Blackwood  
Minutes Secretary: Miss M. Hudson  
Treasurer: Mrs. W. Wilkinson, Mr. R. Watt, Mrs C. Grant.

The Natal Coastal Branch wishes everyone a happy Christmas and a successful New Year.

### NATAL MIDLANDS

A cheese and wine party was held at the home of one of our members on the 15th August 1978, and this was followed by the A.G.M. The following office bearers were elected, viz:—

Chairman: Mrs J. Withers  
Vice-Chairman: Mrs H. Forbes  
Hon. Treasurer: Miss B. Thompson  
Hon. Secretary: Mrs A. Londt

Our representative to the N.C.R. meeting in Johannesburg at the end of September was Mrs H. Forbes. We welcome the following new members to the Branch, viz:

Mrs H. Forbes, Mrs. I. Rencken, Mrs C. Griffiths, Mrs J. Naidu and Mrs P. J. Williams.

### NOORD TRANSVAAL

Die Jaarlikse Algemene Vergadering is in Oktober gehou, en die volgende ampsdraers is verkies:

Voorsitter: Mej. L. Pretorius.  
Onder-Voorsitter: Mej. P. Bowerbank.  
Sekretaresse: Mev. D. Beukes.  
Tesouriere: Mej. A. Langford.

Uitvoerende Komitee: M. Kvasz, H. Adelaar, L. Swart, H. Huysamen, M. Malaprade.

Ons beplan 'n genotvolle sosiale geleentheid om die jaarlikse verrigtinge mee af te sluit.

Mev. M. Kvasz, Mev. C. Drent, Mev. E. van der Walt en Mev. H. Gerber word welkom geheet by ons tak.

### SOUTHERN TRANSVAAL

On Monday, 24th July, the Branch had a lecture from Prof. J. S. Chappell of the Department of Paediatric Surgery on the causes of respiratory distress in the child as compared with the adult. This was a very interesting lecture which made it clear that a child is not a miniature adult.

The lecture on the 21st August was given by Prof. M. R. Funston, the new Prof. of Diagnostic Radiology and Chief Diagnostic Radiologist at the Johannesburg Hospital, on the reading of Spinal X-Rays. This was a subject of great interest to physiotherapists.

Early in September an open lecture by Dr. A. L. Becker, a psychiatrist, was arranged to take place at the Senate House of the University of the Witwatersrand. The subject was "Why we are the way we are — lets talk about Sex". This entertaining lecture was followed by port and coffee and cake.

The normal lecture for September was followed by the Annual General Meeting. The Lecturer was Prof. van Hasselt, Honorary President of the Southern Transvaal Branch for the past year. His subject was "What the Physiotherapist Should Know About Drugs". This proved to be a very helpful lecture and the large attendance showed that physiotherapists are very interested in the correct use of drugs.

The following Office Bearers were elected at the A.G.M.:

Honorary President: Prof. J. C. Allan.  
Honorary Vice Presidents: Prof. J. S. Chappell and Dr. L. Clausen.

Chairman: Sharon Block.  
Vice-Chairman: Sue Keays.  
Secretary: Jo. Beenhakker.  
Treasurer: Louise Funkey.

Fourteen other Committee members were elected.

On the 6th and 7th October a Symposium on "Rehabilitation of the Hand" was held. The guest speaker was Ann Williams from Britain. The other speakers included physiotherapists and occupational therapists who are experts in their fields and several prominent doctors and professors. The course was very worthwhile and provided a wealth of information and an opportunity for discussion.

Congratulations to Aimee Stewart on the birth of her son.