

VACANCIES

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Miss P. Chatterton, M.C.S.P.,
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Canadian Arthritis and Rheumatism Society:

Applications are invited from chartered physiotherapists (female) for a variety of positions with the Canadian Arthritis and Rheumatism Society. Posts available in urban and rural communities. Some sole charge. Initial salary 285 dollars to 305 dollars a month. Annual increments Good staff benefits and working conditions.

Apply to the Canadian Arthritis and Rheumatism Society, 900 Yonge Street, Toronto 5, Ontario, Canada.

Winnipeg, Canada:

Chartered Physiotherapist, Female, with at least one year's experience, is required for interesting position with the Manitoba Division of the Canadian Arthritis and Rheumatism Society in Winnipeg.

The Winnipeg branch is rapidly expanding. The treatment centre in the city is modern and well equipped with in-patient and out-patient facilities including hydrotherapy and occupational therapy. Domiciliary visits in the city and surrounding areas are maintained by mobile units.

Regular consultant clinics are held at the hospitals and surrounding clinics. A car is provided.

Salary range \$3,420.00 to \$3,900.00 depending on experience. Fares may be advanced.

Further information may be obtained from: Canadian Arthritis & Rheumatism Society, Manitoba Division, King Edward Hospital, Winnipeg, 13, Manitoba, Canada

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NEW APPLIANCES

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The use of equipment for the application of diadynamic currents has become widespread in European countries where due to the relatively simple techniques combined with impressive results the method has won much support and has proved to be a valuable supplement to short wave and ultrasonic therapy.

Protea Holdings Limited, the exclusive distributors in Southern Africa, have a number of interesting literature items which are readily available on request to all readers of this journal.

Book Reviews

OCCUPATIONAL THERAPY IN REHABILITATION

By E. M. Macdonald B. Litt., T.M.A.O.T.
and 23 contributors.

368 Pages, 9 Plates, 25 Illustrations.

Published by Bailliere Tindall and Cox Ltd.,
7 and 8, Henrietta Street, London, W.C.2.

Price 37/6 (postage 2/3).

This book has been written by 24 contributors, all of whom are experts in the various fields of practising and teaching Occupational Therapy. The result is a clear and concise description and explanation of Occupational Therapy in every field of Physical and Psychiatric medicine. The principals of Occupational Therapy, its aims and its functions are clearly stated. The book is worthwhile reading matter for doctors, and allied workers in the medical team, who are contributing to the care and rehabilitation of the patient. It is hoped that it may lead to a better understanding of Occupational Therapy, and the place of the Occupational Therapist in the medical team.

This is an excellent reference book for practising Occupational Therapists. The necessity for them to analyse and record the results of their treatment scientifically, and in co-operation with the other members of the team, is indicated. Their treatment may be more profitable to their patients, through the many stimulating ideas and suggestions to be found in the pages of this book.

For the student or any person interested in joining the profession, the book indicates something of the philosophy and purpose of the training of an Occupational Therapist. The book shows too, what needs must be met in personality of the aspirant if she is to be successful in this profession.

The many media through which Occupational Therapy may be carried out are not listed completely. This would be impossible due to the many varying factors which control the media suitable and available for use in any particular case. Primarily, the diagnosis and aim of the treatment to be administered.

This book may be highly recommended for reading by Occupational Therapists and students, and members of the allied professions. The wealth of information contained in it is the result of the research and many years of experience of the writers.

AN APPROACH TO OCCUPATIONAL THERAPY

By Mary S. Jones

Obtainable from Butterworths & Co. (Africa) Ltd.
P.O. Box 792, Durban.

Price 48/3 (plus 1/6 delivery charge).

In this book Mrs. Jones deals with the techniques of Occupational Therapy in Physical Rehabilitation, and specifically the use of simulated working conditions in the rehabilitation of her patients. She emphasises that the individual approach to the patient is however, necessary, if the treatment is to be of real medical value to the patient physically and psychologically.

The practical considerations of the working conditions, lighting, minimum space per worker, ideal seating and workbenches, and essential equipment are discussed at length. There are many clear descriptions and diagrams of adaptations to standard machinery, and of original machinery and appliances, which have been evolved over the years by Mrs. Jones, in co-operation with her technical instructor, staff and patients. These would certainly be of great

interest to any Occupational Therapist working in a similar department, or setting up a new one, or extending an existing one.

Specific cases and their treatment are described. Mrs. Jones emphasises that it is only after a careful evaluation of the particular patient's abilities and inclinations, his previous and future considered occupation that the aim of his treatment can be established. Then, in co-operation with other members of the medical teams the patients' treatment programme is decided upon. This is of necessity, re-adjusted frequently, according to the results of periodic re-assessment of the patient. Mrs. Jones has combined a basic knowledge of kinesiology, with her wide experience of human nature, and imagination, in devising the many techniques which are described in this book.

The necessity for close co-operation between the physiotherapy and occupational departments is emphasized in two chapters. Mrs. Jones describes and gives examples of how the Occupational Therapist may supplement the work of the physiotherapist through observation of the patient at work, ensuring that he is carrying out the correct patterns of movement which the physiotherapist is aiming to establish.

Throughout the book the importance of the positive approach to the patient is stressed. Through scientific assessment the Occupational Therapist and the patient must establish what the abilities of the patient are, and concentrate on these, not on his disabilities.

The great value of this book lies in that it is based on Mrs. Jones' own practical experience. Her treatments and results have been carefully weighed and assessed over a period of nearly eight years, from the opening of the Farnham Park Recuperative Home in 1947 until the end of 1955. Practising Occupational Therapists and students alike may benefit greatly from reading this book and it should be of real interest to members of allied professions.

MODERN TRENDS IN OCCUPATIONAL HEALTH.

By R. S. F. Schilling.

Obtainable from Butterworth & Co. (Africa) Limited,
P.O. Box 792, Durban.

Price 76/- (plus 2/- delivery charge)

In his forward Dr. Schilling says this book is chiefly meant for those people who are concerned with promoting the health of people at work and he includes in this category industrial medical officers, factory inspectors, personnel safety officers, nurses, and students of industrial medicine.

This book is well set out and begins with a chapter on the Measurement of Health, describing how statistical data is gathered and how these indices can bring to light new occupational risks and reveal trends in recognised hazards.

Then follow twenty chapters covering all possible aspects. Of particular interest are the chapters on Occupational Cancer, and those dealing with Radiation Hazards. Social and Psychological factors are dealt with as well as attitudes towards the ageing, and their employment.

Occupational health is a wide subject and many disciplines participate to achieve its broadest aim which is the promotion of health, prevention of accidents and occupational diseases and the highest productivity from well-adapted (adjusted) workers.

This book covers all these fields and is certainly recommended for those who are interested in this sphere of health.

GADGET LEAFLETS

Aids, Appliances and Gadgets.

National Association for the Paralysed,

1, York Street, Baker Street, London W.1.

These very informative leaflets are sold separately or as a set. Price 10/6.

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