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Haemangioblastomas of the central nervous system in von Hippel Lindau Syndrome involving cerebellum and spinal cord

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Von Hippel-Lindau (VHL) disease is a multisystem familial syndrome of autosomal dominant inheritance characterized by retinal, cerebellum and spinal cord hemangioblastomas, renal cell carcinomas, adrenal pheochromocytomas, angiomas or cystic lesions of the kidneys, pancreas, and epididymis. (1) A 41 year old female patient presented with headache from 2 years, one episode of seizure generalised tonic clonic type, two episodes of vomiting. On examination cerebellar signs were positive on right side. MRI Brain (plain & contrast) was suggestive of well-defined non enhancing hypodense lesion of size 41x28mm, with eccentric enhancing nodule seen in right cerebellar hemisphere with mild perilesional edema and the lesion is causing mass effect with the shift of cerebellar vermis & 4th ventricle to the left side s/o right cerebellar hemangioblastoma (Figure 1) She underwent

right suboccipital craniectomy and excision of the tumour) (Figure 2). As the patient also had neck pain and paresthesias in both upper and lower limbs and urgency of micturition, patient was evaluated with MRI cervical spine (Plain and contrast) (Figure 3) which was suggestive of heterogenous cystic lesion extending with in central canal from C5-D4 level ,with intense heterogenous enhancement noted involving solid portion of lesion at C7&D1 segments. USG abdomen was s/o Multiple pancreatic cysts ,one in tail region 8.6x7.1cm, polycystic kidney disease, a cystic lesion in right adrenal gland of size 4.1x2.8cm and the lesion showing internal vascularity on Colour Doppler flow imaging. Ophthalmologic examination visual acuity was 6/9 in both eyes; the intraocular pressure was within normal limits, did not reveal any retinal angiomas. This patient underwent laminectomy and excision biopsy of the lesion. (Figure 4)

Histopathological examination (HPE) showed anastomosing network of capillary vessels interspersed with nests of stromal cells with moderate amount of pale pink cytoplasm suggestive of haemangioblastoma (Figure 5).



Figure 1 - CT scan of the brain plain and contrast images showing cystic lesion with enhancing nodule in the left cerebellar hemisphere



Figure 2 - MRI of the brain contrast image showing cystic lesion with enhancing nodule in the left cerebellar hemisphere



Figure 3 - MRI of the brain contrast image showing cystic lesion with enhancing nodule in the left cerebellar hemisphere and cervical spinal cord

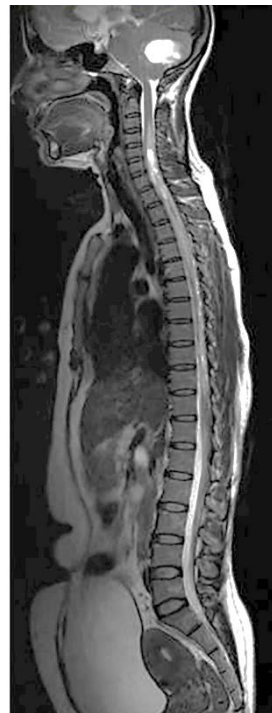


Figure 4 - MRI of the brain contrast image showing cystic lesion with enhancing nodule in the left cerebellar hemisphere and cervical spinal cord

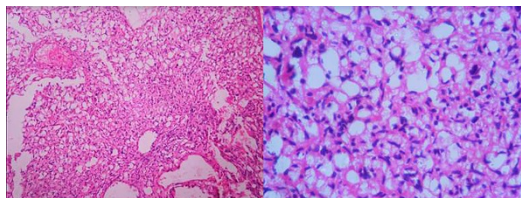


Figure 5 (a and b) - (A) Vascular tumor with tumor cells having vacuolated cytoplasm and hyperchromatic nuclei (H&E, X100), and (b) the tumour was composed of anastomosing capillary network with interspersed vacuolated stromal cells (H&E; 400x)

The prevalence of VHL has been estimated to be between 1:35,000-1:40,000. (2, 3) A family history of retinal or central nervous system hemangioblastoma (Hb), only one Hb or visceral lesion (renal tumours, pancreatic cysts or tumours, pheochromocytoma, papillary cystadenomas of the epididymis) is required to make the diagnosis of VHL. (4) For isolated cases without a clear family history, two or more Hb or one Hb and a visceral manifestation is required. (5) Although hemangioblastomas commonly involve cerebellum, spine and medulla; however when the lesions are multiple the outcome is poorer. (5) As it is obvious the clinical features depend on the location and multiplicity of the lesions. Midline lesions of the cerebellum cause truncal ataxia, laterally situated tumour lesions commonly present with dysmetria. (6-8) The imaging technique of choice for hemangioblastomas is contrast enhanced MRI of the brain and spinal cord. This will show the characteristic lesions cystic lesions with a solid enhancing mural nodule. (9) The definitive treatment of these lesions is complete surgical removal of symptomatic lesions including removal of the mural nodule. (10, 11) Gamma

Knife radio surgery has been reported as effective against the solitary small or medium sized mural nodule of haemangioblastoma while the cystic component requires repeated evacuation. (12) Needless to say that the management of hemangioblastomas is more challenging for patients with VHL syndrome as there is presence of multifocal tumour which require high index of suspicion and multiple surgeries.

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