

INTERNATIONAL CONFERENCE “SPORT SCIENCE AND SPORT AS A REGULAR COMPONENT OF THE LIFE STYLE“

Sharm El-Sheikh, Egypt, 1st-3rd November 2016

Faculty of Physical Education, University of Assiut (Egypt), in cooperation with the Institute of Sport Science, University of Magdeburg (Germany), organized the International Conference "Sport Science and Sport as Regular Component of the Life Style", which took place from 1st to 3rd November, 2016. The aim of the Conference was to bring together sport scientists, experts and professionals from around the world to share their knowledge and ideas in the light of new advancements in sport sciences and in the connected areas through the multidisciplinary approach raised at the conference in order to discuss the ways of development in the sports field. In addition, to support the interaction and the dialogue between different organizations and international sports bodies, thus the work on providing the inter-Arab collaboration with European countries through upgrading the level of exchange to the level of coordination and knowledge integration. Therefore, more than two hundred scientists and researchers from ten countries and three continents presented their work from the fields of physical education, motor control and learning, recreation, health and aging, and also sport in general i.e. sports tourism, sports management, sports psychology and sociology. The accepted abstracts were published in the Book of Proceedings 2016.

The scientific programme included plenary sessions by eminent international experts: Rado Pišot (University of Primorska; Slovenia) who focused his lecture on the importance of physical activity in contemporary society; Elke Knisel (University of Magdeburg; Germany) presented the model of health promotion at schools. Moreover, Anita Hokelmann (University of Magdeburg; Germany) exposed the latest research in neuroscience on the scope of neural plasticity in response to physical activity, while Hagen Wasche (University of Karlsruhe; Germany) presented a new way of social network analysis in sport research.

Furthermore, this conference was also attended by the young researcher Armin Paravlič, a member of Institute of Kinesiology Research, University of Primorska, who actively participated in presenting the latest scientific research of the Institute, related to the modified approach of measuring electromechanical muscle efficiency. We can say that the Conference was successful not only from the scientific but also from social aspects, and it has surely accomplished its objectives.

Armin Paravlič

MEDNARODNA KONFERENCA »ZNANOST O ŠPORTU IN ŠPORT KOT REDNA KOMPONENTA ŽIVLJENJSKEGA SLOGA«

Sharm El-Sheikh, Egipt, 1.-3. november 2016

Fakulteta za športno vzgojo Univerze v Assiuntu (Egipt), je v sodelovanju z Inštitutom za znanosti o športu Univerze v Magdenburgu (Nemčija), organizirala mednarodno konferenco z naslovom Znanost o športu in šport kot redna komponenta življenjskega sloga, ki je potekala od 1. do 3. novembra 2016 v Sharm El-Sheikhu v Egiptu. Namen konference je bil združiti znanstvenike, strokovnjake in profesionalce za področje športa iz celega sveta. Kot vodilo je bil na konferenci postavljen multidisciplinaren pristop, udeleženci pa so izmenjavali svoje znanje in ideje na osnovi novih dognanj v športnih znanostih in sorodnih področjih ter razpravljali o možnostih razvoja na področju športa. Dodaten namen konference je bil podpora interakciji in dialogu med različnimi organizacijami in mednarodnimi športnimi organi, s čimer bi zagotovili medarabsko sodelovanje z evropskimi državami in nadgradili nivo izmenjave na raven usklajevanja in povezovanja znanja. V teh okvirih je več kot dvesto znanstvenikov in raziskovalcev iz desetih držav in treh celin predstavilo svoje delo s področij športne vzgoje, motoričnih sposobnosti in učenja ter rekreacije, zdravja in staranja, pa tudi športa na splošno, tj. športnega turizma, upravljanja v športu, športne psihologije in sociologije. Zbrani povzetki so predstavljeni v zborniku Book of Proceedings 2016.

Znanstveni program je vseboval plenarna predavanja uglednih mednarodnih strokovnjakov: Rado Pišot (Univerza na Primorskem, Slovenija), ki je svoje predavanje namenil pomembnosti fizične aktivnosti v današnji družbi; Elke Knisel (Univerza v Magdenburgu, Nemčija) je predstavila model promocije zdravja v šolah. Poleg tega je Anita Hokelman iz Univerze v Magdenburgu v Nemčiji predstavila najnovejše raziskave na področju nevroznanosti omejene na nevroplastičnost glede na odziv na fizično aktivnost, medtem ko je Hagen Wasche (Univerza v Karlsruhe, Nemčija) predstavil nov način analiz družbenih omrežij pri športnih raziskavah.

Konference se je udeležil tudi mladi raziskovalec Armin Paravlič, član Inštituta za kineziološke raziskave Znanstveno-raziskovalnega središča Univerze na Primorskem, ki je aktivno sodeloval pri predstavitvi najnovejše znanstvene raziskave Inštituta, povezane s spremenjenim pristopom k merjenju elektromehanske učinkovitosti mišic. Potrdimo lahko, da je bila konferenca uspešna, ne le zaradi znanstvenih, ampak tudi zaradi socialnih vidikov, in je gotovo dosegla zastavljene cilje.

Armin Paravlič