

## Agronomical and phytochemical investigation of *Hyssopus officinalis*

BERTALAN GALAMBOSI, KATERINA P. SVOBODA, STANLEY G. DEANS  
and EVA HETHELYI

GALAMBOSI, B., SVOBODA, K.P., DEANS, S.G. & HETHELYI, E. 1993. **Agronomical and phytochemical investigation of *Hyssopus officinalis***. Agric. Sci. Finl. 2: 293-302. (Agric. Res. Centre of Finland, South Savo Res. Sta., FIN-50600 Mikkeli, Finland, Aromatic and Medicinal Plant Group, Scott. Agric. Coll., Auchincruive, Scotland, UK and Res. Inst. Medicinal Plants, H-2011 Budakalasz, Hungary.)

Hyssop (*Hyssopus officinalis* L.) obtained from various commercial sources was grown for three years (1990-1992) in Finland. Yield characteristics, flower colour, volatile oil content/composition and its antimicrobial quality were studied. For comparison, Scottish-grown hyssop was included in oil and quality determinations. The description of the flower colour given by the seed firms was not a reliable indicator of the true colour in many cases. Oil yield was satisfactory and oil composition was rather uniform. Only one different chemotype was identified, this was derived from a Romanian seed source. There was considerable variation in herb yield between plants from different sources. The total fresh herb yield was 0.5-3.2 kg/m<sup>2</sup>, the dry leaf yield was 67-326 g/m<sup>2</sup>. Seed germination was satisfactory (76-99%), offering opportunities for seed production of varieties with different characteristics.

Key words: *Hyssopus officinalis*, yield characteristics, seed quality, volatile oil content/composition, antibacterial properties

### Introduction

Due to increasing interest in growing and using herbs in the northern parts of Europe, several research projects have been carried out in both Finland and Scotland during the last few years (GALAMBOSI et al. 1991, HAY et al. 1988, SVOBODA et al. 1990). Hyssop was one of the 40 herb species which were studied in a five year research project at Puumala, Southern Finland. This species proved to be both cold and frost tolerant with good dry matter yield and volatile oil content (GALAMBOSI et al. 1989). The flowering tops and leaves of hyssop are used as flavours in the food and drink industry and in various cosmetic products (GENDERS 1980). It is also a traditional medicinal

plant (BONAR 1985, FLEISCHER and FLEISCHER 1988), an excellent plant for attracting bees (HOOPER 1984) and an attractive garden ornamental (SANECKI 1985). Several types, differing in flower colour, flowering time and leaf shape are available commercially: alba (white flowers), grandiflora (large flowers), rosea (rose flowers) and rubia (red flowers) (SIMON et al. 1984). The seed samples are often mixed and it is quite difficult to obtain uniform plant populations for specific requirements, such as decorative flower production, honey bee forage production, high volatile oil yield and uniform quantitative oil composition.

The objective of this study was to test in Finland 13 different seed samples of various geographical origins for the variability of colour, growth, fresh

and dry matter yield and seed production. For comparison, hyssop grown in Scotland was included in oil yield and quality determinations. In addition, the antimicrobial activity of the oil was tested against a group of 25 bacterial species.

**Material and methods**

**Growth conditions**

The plants were grown at South Savo Research Station, Mikkeli, Finland (grid reference 61° 44' N, 27° 18' E) during 1990-1992 and in the herb garden of the Scottish Agricultural College (55° 28' N, 4° 33' W) during 1990-1992. The meteorological data for Mikkeli are presented in Figures 1 and 2. The origin of seed samples and the colour of the plants grown in Mikkeli are given in Table 1. Hyssop seeds Nos. 14-21 were obtained from Poyntzfield Nursery, Black Isle, Scotland, and were of French origin. The seeds were sown in pots (5 x 5 cm diameter) filled with fine peat on 26 April 1990. The pots were kept in a plastic greenhouse and the seedlings transplanted to the field on 8 June. One year old plants of the varieties Nos. 2, 3 and 4 were transplanted into experimental plots from Puumala on 4 June 1990. The density of planting was four plants per m<sup>2</sup>.

**Cultivation and fertilization**

The soil in Finland was a stony till, pH 6.2. The experimental plots were fertilized before planting (N 35, P 120 and K 70 kg/ha) with further N (15 kg/ha) three weeks after planting. The same basic fertilizer mixture was applied at the beginning of the second year. The plants were irrigated twice during the first and once during the second growing season.

In Scotland, the experimental plots were located on a sandy loam soil of pH 5.8. No artificial fertilizers were applied. Farmyard manure was added each autumn. Nos. 19-21 were grown in a polytunnel throughout the whole season.

**Harvesting and drying**

In Finland, plants were harvested each summer in August, during the full flowering period. From each of the varieties 10 plants were cut and the following characteristics were determined: colour of flowers, plant height, fresh and dry weight, and leaf:stem ratio. In Scotland, individual, well-established 3 year old plants were collected randomly during the full flowering period. Fresh samples were dried at 35°C and the stems were separated from the leaves through a 3 mm diameter screen.

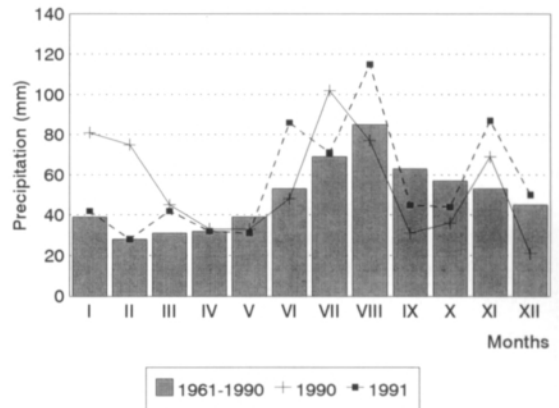
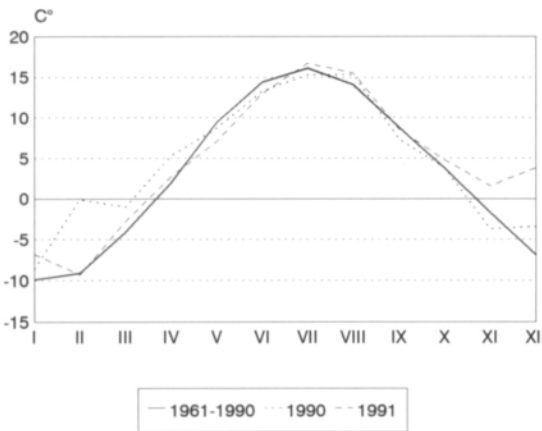


Fig. 1. The monthly mean temperature during the experimental period Mikkeli.

Fig. 2. The monthly precipitation during experimental period Mikkeli.

Table 1. Identity and origin of varieties/populations of hyssop grown in Mikkeli.

No	Variety/population	Year of acquisition	Origin of seed	Flower colour	
				Expected/ advertised	Observed
1	<i>Hyssopus officinalis</i> 'Kekviragu'	1984	Hungaroseed, Budapest, Hungary	Blue	Mixed colours
2	<i>Hyssopus officinalis</i> , Pink hyssop	1989	Suffolk Herbs, Suffolk, England	Pink	Pink
3	<i>Hyssopus officinalis</i> -	1988	Institute de Medicine Si Farmacia Tirgu Mures, Romania	-	Red
4	<i>Hyssopus officinalis</i> , White Hyssop	1989	Suffolk Herbs, Suffolk, England	White	White
5	<i>Hyssopus officinalis</i> -	1989	Piikio, Pukkila Manor, Finland	-	Blue
6	<i>Hyssopus officinalis</i> (Azob, Holy Herb)	1989	Suffolk Herbs, Suffolk, England	Blue, white, pink	Blue
7	<i>Hyssopus officinalis</i> ssp <i>aristatus</i>	1989	Hortus Botanicus Bernensis, Bern, Switzerland	-	Blue
8	<i>Hyssopus officinalis</i> (from commerce)	1990	Hortus, (origin unkown)	Blue	Blue
9	<i>Hyssopus officinalis</i> (from commerce)	1990	EKA (AL-GRO), Finland	Blue, violet	Blue
10	<i>Hyssopus officinalis</i> (from commerce)	1990	Vesan Siemenliike Oy, (Samen Mauer), Finland	Pink	Blue
11	<i>Hyssopus officinalis</i> (from commerce)	1990	Maatalouskesko (Samen Mauer), Finland	Pink	Blue
12	<i>Hyssopus officinalis</i> (from commerce)	1990	Siemen Oy, (origin unkown)	Blue	Mixed
13	<i>Hyssopus officinalis</i> (from commerce)	1990	Sokos (Hammenhogs) Finland	Blue	Mixed

### Germination test

Five plants from each variety were grown for seeds. The seeds were harvested at the end of the vegetation period (25 September 1990, 10 September 1991, 24 September 1992). The hand cut plants were dried at room temperature (18-22°C) and the seeds were crushed either by hand, or by using an experimental harvester (Hege 125 C, Germany). The germination tests were carried out each year 3 months after harvesting, using the top paper method in 9 mm Petri dishes, at 20-23°C day and 17-19°C night temperature, with 4 x 50 seeds per variety.

### Distillation of oil

Dried leaves and flowering tops were steam distilled for 2 h using British Pharmacopoeia distillation apparatus (BSI 1985). The quantity of oil obtained was measured and the oil was then transferred to glass vials with Teflon-lined caps and stored in a refrigerator at -2 to 6°C until analysed by GC.

### GC analysis of oil

GC was carried out using a United Technologies Packard 439 GC connected to a Hewlett Packard Integrator 3390A. The following operating conditions were used: Carbowax 20M column, 25m x 0.32 mm; carrier gas N<sub>2</sub>; injection temperature 250°C; flame ionisation detector temperature 250°C; oven temperature initially 50°C, rising to 200°C at 5°C/min; sample size 0.2 l; splitter 1:100. Standard oil components for comparison were obtained from Roth (Karlsruhe, Germany).

### Antibacterial properties of volatile oils

For the determination of antibacterial properties of the volatile oil from hyssop, wells were punched in pre-seeded Isosensitest agar plates and to each well was added 15 ml volatile oil (DEANS and RITCHIE 1987). This was allowed to diffuse into the agar prior to incubation at 25°C for 48 h, after which zones of growth inhibition were measured with vernier calipers. Three wells per plate were made and two replicate plates tested per organism.

Table 2. Plant height and weight of hyssop varieties at different ages. (Mikkeli, 1990-1991).

Variety/population	Plant height (cm)				Fresh weight (g/plant)			
	1990		1991		1990		1991	
Seedling transplants:	Year 1		Year 2		Year 1		Year 2	
	x	s	x	s	x	s	x	s
1. Mixed hyssop	49	3.7	53	4.1	282	51	369	162
2. Pink hyssop	58	6.2	65	4.5	393	107	434	140
3. Red hyssop	42	2.7	47	2.4	128	62	286	93
4. White hyssop	63	3.9	75	4.5	310	88	541	151
5. Blue hyssop	55	4.2	59	4.9	455	69	434	119
6. Azob hyssop	62	4.7	69	5.8	486	76	693	239
7. H.o. ssp. <i>aristatus</i>	62	5.2	63	3.8	660	99	452	197
8. Commercial hyssop	46	3.9	54	3.8	244	45	299	164
9. Commercial hyssop	44	3.1	52	4.1	182	41	283	89
10. Commercial hyssop	48	4.6	56	7.5	213	64	219	82
11. Commercial hyssop	46	3.4	56	4.1	195	46	319	114
12. Commercial hyssop	49	9.4	60	5.5	255	76	369	164
13. Commercial hyssop	47	3.2	53	7.5	270	68	284	89
Mean:	48		59		313		386	
One year old transplants	Year 2		Year 3		Year 2		Year 3	
2. Pink hyssop	58	6.8	66	5.8	455	223	556	195
3. Red hyssop	42	4.8	58	5.1	292	70	344	97
4. White hyssop	65	5.7	76	3.8	430	84	630	196
6. Azob hyssop	65	4.3	68	2.6	452	110	812	211
Mean:	58		67		407		586	

## Results and discussion

### Variation in colour of hyssop flowers

Of the 13 seed samples grown in Mikkeli, two had no colour indication. No. 3 proved to be a red and No. 7 a blue coloured hyssop (Table 1).

Six samples had the colour as advertised on the commercial packing or as the original mother plant. The colour of the flowers of five samples was different from the advertised description: Nos 1, 10, 11, 12 and 13. Since all seeds were from commercial sources, the quality control clearly needs to be improved.

### Growth characteristics

The meteorological conditions during the experimental years did not differ significantly from the

long term average (Figs. 1-2). Frost damage was observed only in acquisition No. 7, which resulted in lower plant weight during the second growing season (Table 2). This indicates the frost tolerance of hyssop (GALAMBOSI et al. 1989). The lower precipitation during September was advantageous for seed ripening.

The differences in the plant height and weight during the consecutive seasons were clear: the average height of the one year old plants was 48 cm, of two year old plants 58-59 cm and of three year old plants 67 cm (Table 2). The smallest variety was No. 3 (Romania) reaching 42 and 47 cm during the first and second year respectively. This variety had a typically compact habit. The tallest varieties were consistently Nos. 4, 6 and 7, reaching 62-75 cm of height. However, these plants were loose in habit and the heavy rains often caused lodging.

Table 3. Total fresh weight yield and dry leaf yield of hyssop varieties at different ages (Mikkeli, 1990-1991).

Yield	Age	Varieties				
		1. Mixed hyssop	2. Pink hyssop	3. Red hyssop	4. White hyssop	6. Azob hyssop
Total fresh (kg/m <sup>2</sup> )	1 year old	1.12	1.57	0.51	1.24	1.94
	2 year old	1.58	1.73	1.14	2.16	2.77
	3 year old	2.23	2.22	1.37	2.52	3.24
Dry leaf (kg/m <sup>2</sup> )	1 year old	0.16	0.18	0.06	0.14	0.26
	2 year old	0.21	0.19	0.16	0.22	0.30
	3 year old	0.26	0.25	0.19	0.25	0.36

### Herb yield

The results of the plant weights presented in Table 2 show significant variability between the sources. The average weight of plants grown from seeds was 313 g and 386 g during the first and second year, respectively. The transplanted one year old plants were significantly heavier during the second and third season, reaching 407 g and 586 g of fresh weight per plant, respectively.

The total fresh weight yield varied between 0.5 and 3.2 kg/m<sup>2</sup> depending on plant age (Table 3). The lowest yield was obtained from the variety No. 3, producing 0.5 (first year), 1.1 (second year) and 1.3 (third year) kg/m<sup>2</sup> fresh weight. The highest yields were derived from No. 6, producing 1.9, 2.7 and 3.2 kg/m<sup>2</sup> of fresh weight throughout the three seasons.

The leaf dry weight (Table 3) varied from 67 to 367 g/m<sup>2</sup>. Consistent with plant vigour and development, the lowest yield was obtained from the variety No. 3 and the highest yield from the variety No. 6, but the differences were less pronounced than those of fresh yield. The dry matter content varied from 22-30%. The leaf:stem ratio was about 1:1, the first year plants having less, the second and third year old plants having more stems (Table 4). The marketable leaf and flower dry weight yield calculated from the dry matter content and leaf:stem ratio was 10-14% of the total harvested fresh yield. The lowest dry weight yield (10%) was measured in tall, loose, pink and white varieties, due to their high stem and twigs contents.

Table 4. Dry matter content and leaf/stem ratio in hyssop varieties at different ages (Mikkeli 1990-1991).

Variety/population	Dry matter content (%)		Leaf/stem ratio (%)	
	1990	1991	1990	1991
Seedling transplants:	Year 1	Year 2	Year 1	Year 2
1. Mixed hyssop	24.8	23.5	58:42	57:43
2. Pink hyssop	22.6	25.0	52:48	44:56
3. Red hyssop	23.2	25.5	56:44	57:43
4. White hyssop	21.9	25.4	53:47	40:60
5. Blue hyssop	22.5	25.7	57:43	55:45
6. Azob hyssop	22.7	23.6	59:41	47:53
7. H.o. ssp. <i>aristatus</i>	23.3	29.8	-	-
8. Commercial hyssop	25.2	23.1	55:45	43:57
9. Commercial hyssop	23.9	25.9	55:45	43:57
10. Commercial hyssop	23.9	22.8	61:39	45:55
11. Commercial hyssop	22.7	25.0	55:45	45:55
12. Commercial hyssop	25.0	24.7	54:46	46:54
13. Commercial hyssop	21.6	24.7	62:38	46:52
Mean:	23.3	25.0	56:44	48:52
One year old transplants:	Year 2	Year 3	Year 2	Year 3
2. Pink hyssop	23.3	24.7	51:49	46:54
3. Red hyssop	24.9	24.8	64:36	56:44
4. White hyssop	23.8	25.4	49:51	39:61
6. Azob hyssop	22.7	25.1	59:41	45:55
Mean:	23.7	25.0	56:44	47:53

Figures are means of two replications.

### Seed quality

The germination tests showed that the hyssop varieties were consistently of good seed quality. The

Table 5. Seed germination and thousand seed weight (TSW) of hyssop varieties (Mikkeli, 1991).

Variety	Germination % harvested by		TSW (g) harvested by	
	hand	combine	hand	combine
1. Mixed hyssop	84	73	1.100	0.983
2. Pink hyssop	95	88	0.783	0.750
3. Red hyssop	94	59	1.000	0.983
4. White hyssop	78	74	1.000	1.016
5. Blue hyssop	97	90	1.000	0.916
6. Azob hyssop	97	81	1.050	1.016
7. ssp. <i>aristatus</i>	93	90	1.050	0.983
Mean:	91	79	0.997	0.949

Table 6. Seed germination of hand-harvested hyssop varieties (Mikkeli, 1990-1992).

Variety	Germination %			
	1990	1991	1992	Mean
1. Mixed hyssop	84	84	93	87
2. Pink hyssop	89	95	82	89
3. Red hyssop	99	94	70	88
4. White hyssop	80	78	70	76
5. Blue hyssop	-	97	80	88
6. Azob hyssop	97	97	84	93
7. ssp. <i>aristatus</i>	91	93	88	91
Mean:	90	91	81	87

average germination capacity of seeds was 87% (Tables 5 and 6). The lowest results were achieved by white hyssop (76%), being a late flowering type. The seed production could be easily mechanized. There were 10-15% differences in the germination of the hand crushed and mechanically crushed seed. The differences could be eliminated by optimization of the harvest times. The average thousand seed weight of hyssop varieties was 1.0 g, ranging between 0.75 g and 1.1 g (Table 5). The pink hyssop (No. 2) had the lowest seed weight.

### Quantitative variations in the volatile oil yield

Volatile oil contents of leaves and flowering tops varied for 0.4 to 1.4% (Table 7). Blue varieties

grown in Finland had a range of oil yield: 0.7-1.08%. The blue coloured hyssop No. 7 had the highest oil content (1.36%). Mixed coloured varieties had a range of 0.94-1.2%, white 0.6-0.7%, pink and red 0.6-0.8%. There were no differences between one and two year old plants.

Oil contents of Scottish-grown blue coloured plants showed values of 0.4-1.4%. There was no difference between plants grown in the open field or in the polytunnel. No clear pattern was observed in the oil content fluctuations, but this high variability within the individual plants suggests the possibility of improving the oil yield (0.3-1.6%) (JOLAIN and RAGULT 1976, HILAL et al. 1978, MECHRAZ et al. 1989). The leaf oil content from samples grown both in Finland and in Scotland was above average. KHODZIMATOC and RAMAZANOVA (1975) report unusually high oil contents: about 1.6% from red, 2.2% from blue and 3.7% from white varieties. In our experimental plants, these levels of oil content were not realized, neither were there any significant differences in oil yield between various types of colour, although the relatively low oil contents of the white and pink varieties have to be noted.

Maximum oil contents were found during the full flowering period, with stems containing a negligible amount of oil (KAPELEV 1986, TIMCHUK et al. 1986). The results emphasize the importance of selection and of fertilizer use for improved types in aromatic plant species (SVOBODA et al. 1990). Hyssop can be an appropriate crop for the northern areas, with very good quality and quantity of the final product.

### Quantitative variations in the volatile oil

The volatile oil composition showed similar results for both Finnish and Scottish material, with one exception: red hyssop originating from Romania (Table 7). This oil had significantly higher amounts of germacrene-D (22-23%) and pinocavone (26-28%) compared with the other samples. Iso-pino-camphone, pinocamphone,  $\beta$ -pinene, pinocavone, germacrene D and 1,8-cineol were the main components of the oil and accounted for 75-85% of total

Table 7. Main components of hyssop oil derived from whole plants grown in Finland (F) and Scotland (S).

Flower colour	Variety/ population	Volatile oil content (% v/w)	Pino- camphone	Iso-pino- camphone	Germa- crene D	Pino- carvone	$\beta$ -Pinene	1,8-Cineol
					(Figures are % of total oil)			
Blue:	5a (F)	1.00	20.3	33.3	11.0	5.5	7.1	4.3
	6a (F)	1.00	9.4	42.6	11.7	8.1	3.5	7.1
	6b (F)	0.83	20.9	25.6	7.9	4.0	10.1	7.2
	7a (F)	1.36	19.9	35.1	17.0	10.3	2.2	1.8
	8a (F)	0.73	17.3	33.5	11.1	9.3	4.3	3.1
	9a (F)	1.03	11.9	38.3	11.1	7.9	4.1	4.2
	10a (F)	1.08	19.4	30.2	11.0	7.7	7.2	5.0
	11a (F)	1.07	14.4	36.2	12.5	9.5	3.5	3.6
	14c (S)	0.40	37.5	18.0	13.1	5.1	7.1	1.2
	15c (S)	0.50	36.6	17.7	13.3	4.9	7.8	1.2
	16c (S)	0.50	46.0	15.6	13.1	8.0	3.7	1.4
	17c (S)	1.40	46.3	15.8	11.9	8.2	4.1	1.3
	18c (S)	1.40	0.7	53.8	14.2	6.1	1.5	0.7
	19c (S)	1.00	0.9	52.8	11.9	6.1	1.7	0.7
	20c (S)	0.50	24.0	36.8	13.8	4.0	3.8	0.9
	21c (S)	0.50	24.2	37.0	14.2	4.0	3.4	1.0
	Mixed:	1a (F)	1.15	26.0	19.0	17.7	12.0	4.2
12a (F)		1.19	11.0	34.4	15.4	13.1	2.8	3.5
13a (F)		0.94	17.2	31.4	11.6	12.8	4.0	2.8
White:	4a (F)	0.62	#	52.7	14.9	2.5	6.9	1.2
	4b (F)	0.74	47.4	2.4	16.2	2.4	9.0	1.3
Pink, Red:	2a (F)	0.74	0.9	53.4	16.3	1.5	4.7	1.8
	2b (F)	0.82	0.6	50.1	14.5	1.6	7.3	0.7
	3a (F)	0.67	1.4	15.1	23.2	27.9	5.9	4.5
	3b (F)	0.60	1.3	13.1	22.3	25.6	9.4	4.9

a = one year old plants; b = two year old plants; c = three year old plants. # = trace amounts.

oil. Two major components, pinocamphone and iso-pinocamphone constituted about 50% of total oil and their representative proportions varied in a manner which could not be explained in the existing experiments. Variations in plants derived from different geographical origins emphasize the importance of further selection studies.

Our results are in agreement with earlier reports (LAWRENCE 1980, STEINMETZ et al. 1980, LAWRENCE, 1984, TIMCHUK et al. 1986, GALAMBOSI et al. 1989, MECHRAZ et al. 1989, SCHULZ and STAHL 1991). Only one reference (KHODZHIMATOV and RAMAZANOVA 1975) mentioned different hyssop chemotypes, with high amounts of 1,8-cineol, li-

nalool,  $\alpha$ -terpineol,  $\alpha$ -terpinyl acetate and bornyl acetate (identified by GC analysis). It is possible that hyssop collected in the Taskent area showed intraspecific chemical differences. Pinocamphone, iso-pinocamphone, camphor and thujone are responsible for the toxicity of the oil (STEINMETZ et al. 1980). The experiments were conducted with rats and both the oil and individual components caused nerve and muscle damage, resulting in epilepsy. The above mentioned monoterpenes are very volatile and their chemical structure may change under different environmental conditions and through postharvest handling. These facts could partially explain the variability of individual oil components

Table 8. Antibacterial properties of hyssop volatile oil (inhibition zone diameter in mm; diameter of well, 4 mm, included).

Organism	Hyssop strain number																
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
A	9.4	9.5	8.9	9.8	9.0	9.4	8.4	11.4	14.5	8.4	13.0	9.8	11.0	12.3	8.8	12.0	8.4
B	5.3	4.9	5.0	6.4	6.4	5.7	4.9	4.7	5.2	5.1	5.6	4.8	5.3	5.2	6.1	5.4	4.7
C	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
D	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
E	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
F	11.0	11.6	9.3	8.7	8.0	10.0	10.0	9.4	8.2	9.2	8.6	9.0	8.1	11.0	8.6	9.4	7.0
G	5.6	6.1	5.6	5.4	5.5	5.8	6.1	5.3	5.9	4.0	5.4	6.4	6.1	5.8	4.0	4.0	5.2
H	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
I	4.0	4.0	4.0	4.0	4.0	4.0	4.0	10.2	10.6	10.0	12.6	14.5	10.0	8.9	10.6	11.2	7.8
J	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
K	5.8	4.0	4.0	5.6	4.8	4.9	4.0	5.2	5.5	4.0	7.5	4.0	5.6	5.8	6.2	6.0	4.0
L	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
M	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
N	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
O	7.7	4.0	4.0	7.4	4.0	7.5	7.0	7.5	9.0	4.0	8.0	8.0	7.7	8.6	7.0	8.4	4.0
P	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
Q	4.0	4.0	5.3	4.0	4.0	4.0	4.0	4.0	4.0	4.0	6.1	4.0	4.0	4.0	5.7	4.0	4.0
R	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	5.6	6.2	4.0	4.0	4.0	4.0	6.9	4.0	6.0
S	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
T	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
U	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0
V	4.0	4.0	4.0	4.0	4.0	4.0	4.0	9.8	4.0	4.0	6.2	4.0	7.3	4.0	4.0	8.6	4.0
W	8.4	6.7	8.0	9.2	4.0	4.0	4.0	4.0	8.8	7.8	8.0	9.2	4.0	4.0	9.3	8.0	4.0
X	4.0	4.0	4.0	4.0	4.0	4.0	4.0	10.2	4.0	6.7	4.0	4.0	4.0	4.0	4.0	4.0	4.0
Y	8.9	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0	4.0

A *Acinetobacter calcoacetica*; B *Aeromonas hydrophila*; C *Alcaligenes faecalis*; D *Bacillus subtilis*; E *Beneckea natriegens*; F *Brevibacterium linens*; G *Brocothrix thermosphacta*; H *Citrobacter freundii*; I *Clostridium sporogenes*; J *Enterobacter aerogenes*; K *Enterococcus faecalis*; L *Erwinia carotovora*; M *Escherichia coli*; N *Flavobacterium suaveolens*; O *Klebsiella pneumoniae*; P *Lactobacillus plantarum*; Q *Leuconostoc cremoris*; R *Micrococcus luteus*; S *Moraxella sp.*; T *Proteus vulgaris*; U *Pseudomonas aeruginosa*; V *Salmonella pullorum*; W *Serratia marcescens*; X *Staphylococcus aureus*; Y *Yersinia enterocolitica*.

described by different authors. Incorrect identification of compounds, using GC methods and standard comparison, is also possible.

#### Antibacterial characteristics of volatile oils

There was a varying response to the volatile oil in terms of antibacterial properties (Table 8). There were clearly some antibacterial constituent(s) present since a number of bacteria showed noticeable growth inhibition, including *Acinetobacter cal-*

*coacetica* (spoilage organism), *Aeromonas hydrophila* (an environmental organism found in water courses which can also be a pathogen of fish), *Brevibacterium linens* (spoilage organism found in soft cheese), *Brocothrix thermosphacta* (spoilage organism found in pork sausage), *Klebsiella pneumoniae* (human pathogen) and *Serratia marcescens* (secondary opportunist pathogen). There is no obvious explanation as to why hyssop plants of different geographical origin gave strong inhibition against some bacteria but not others, and equally, why certain bacteria were only susceptible



to a number of hyssop volatile oils: the chemical analysis of the oils did not reveal wide variation in the components present.

*Acknowledgements.* SAC Auchincruive receives funding from the Scottish Office of Agriculture and Fisheries Department. The authors thank the staff of the research station and Elizabeth Eaglesham for excellent technical assistance.

## References

- BONAR, A. 1985. Herbs. Complete guide of cultivation and use. 144 p. Hamlyn. London.
- BSI 1985. British standard methods of test for species and condiments. Determination of volatile oil content. BS 4585 Part 15. ISO 6571-1984.
- DEANS, S. G. & RITCHIE, G. A. 1987. Antibacterial properties of plant essential oils. *Int. J. Food Microbiology* 5: 165-180.
- FLEISCHER, A. & FLEISCHER, Z. 1988. Identification of biblical hyssop and origin of the traditional use of oregano group herbs in the Mediterranean region. *Econ. Botany* 42: 232-241.
- GALAMBOSI, B., HOLM, Y. & SZ-GALAMBOSI, ZS. 1989. Yield and volatile oil of four perennial herbs grown in Finland. Abstracts of the 20th international symposium on essential oils, Würzburg, Germany.
- , KAUKOVIRTA, E. & SZ-GALAMBOSI, ZS. 1991. Cultivation of spices and medicinal herbs. University of Helsinki, Department of Horticulture, Publ. No. 18. 104 p. Helsinki.
- GENDERS, S. 1980. Growing herbs. 168 p. Hodder and Stoughton.
- HAY, R. K. M., SVOBODA, K. P. & BARR, D. 1988. Physiological problems in the development of essential oil crops. *Crop Research* 28: 35-45.
- HILAL, S. H., EL-ALFY, T. S. & ELSHEREI, M. M. 1978. Investigation of the volatile oil of *Hyssopus officinalis* L. *Egypt. J. Pharm. Sci.* 19: 177-184.
- HOOPER, M. 1984. Herbs and medicinal plants. 125 p. Kingfisher, London.
- JOULAIN, D. & RAGAUT, M. 1976. Some new constituents of the essential oil of *Hyssopus officinalis*. *Riv. Ital. Essenze, Profumi, Piante Off., Aromi, Saponi, Cosmet, Aerosol* 58: 129131.
- KAPELEV, I. G. 1986. Introduction of hyssop. *Maslichenye Kultury* 1: 37-38.
- KHODZHIMATOV, K. & RAMAZANOVA, N. 1975. Certain biological characteristics and changes in the content and composition of the essential oils of *Hyssopus officinalis* grown in Taskent. *Rastit. Resur.* 11: 238-242.
- LAWRENCE, B. 1980. Progress in essential oils. *Perfum Flavor* 5, 6: 27-32.
- 1984. Progress in essential oils. *Perfum Flavor* 9: 35-45.
- MECHRAZ, R., PESEVSKI, N., APOSTOLOVA, B., MERMERSKA, E., FILIPOV, Z. & VLKANOV, G. 1989. A study on experimentally created mutant of *Hyssopus officinalis*. *Plant Science* 26: 47-49.
- SANECKI, K. I. 1985. The book of herbs. 127 p. Quintet, London.
- SCHULTZ, G. & STAHL-BISKUP, E. 1991. Essential oils and glycosidic bound volatiles from leaves, stems, flowers and roots of *Hyssopus officinalis* L. *Flav. Frag. J.* 6: 69-73.
- SIMON, J. E., CHADWICK, A. F. & CRAKER, L. E. 1984. Herbs. An indexed bibliography 1971-1980. Archon Books. p. 50-51.
- STEINMETZ, M. D., TOGNETTI, P., MOURGUE, M., JOUGLARD, J. & MILLET, Y. 1980. Sur la toxicite de certaines huiles essentielles du commerce: essence d'hyopse et essence de sauge. *Plant Med Phytother* 14, 1: 34-35.
- SVOBODA, K. P., HAY, R. K. M. & WATERMAN, P. G. 1990. The growth and volatile oil yield of summer savory (*Satureja hortensis*) in a cool wet environment. *J. Hort. Sci.* 65: 659-665.
- TIMCUK, K. C., CELOVSKAJA, L. N. & POPOV, J. C. 1986. *Hyssopus officinalis* - a promising volatile oil crop. *Izv. Akad. Nauk Moldavskoj SSR, Biolog. i Chemic. Nauk* 4: 53-57.

*Manuscript received September 1993*

Bertalan Galambosi  
Agricultural Research Centre of Finland  
South Savo Research Station  
FIN-50600 Mikkeli, Finland

Katerina P. Svoboda  
Stanley G. Deans  
Aromatic and Medicinal Plant Group  
Scottish Agricultural College,  
Auchincruive AYR KA6 5HW  
Scotland, United Kingdom

Eva Hethelyi  
Research Institute for Medicinal Plants  
H-2011 Budakalasz, Hungary

SELOSTUS

**Eri iisoppilajikkeiden agronomiset ja fytokeemialliset ominaisuudet**

BERTALAN GALAMBOSI, KATERINA P. SVOBODA, STANLEY G. DEANS ja  
EVA HETHELYI

Maatalouden tutkimuskeskus, Scottish Agricultural College ja Research Institute for Medicinal Plants

Mikkelissä tutkittiin 13 eri alkuperää olevaa iisoppilajia vuosina 1990-1992. Siemeniä saatiin Unkarista, Romaniasta, Sveitsistä, Englannista (3) ja Suomesta (7). Iisoppilajeista tutkittiin yksi-, kaksi- ja kolmivuotisten kasvien kukkien väriä, tuore- ja kuivasatoa sekä siementuotantoa.

Kasvien korkeus ja satoisuus vaihteli iästä ja lajikkeesta riippuen. Matalin (42-47 cm) ja heikkosatoisin (0,5 kg/m<sup>2</sup>) oli romanialainen punavärinen lajike. Korkeimpia ja satoisimpia olivat Englannista saadut valkoinen ja vaaleanpunainen lajike sekä sveitsiläinen alalaji *aristatus*. Niiden korkeus täyskukinnossa oli 65-75 cm ja tuoresato 3,0 - 3,2 kg/m<sup>2</sup>. Tuoresadon kuiva-ainepitoisuus oli 22-26 % ja lehti-varsi suhde 1:1. Tuoresadosta saatiin 10-14 % kuivaa myyntikelpoista lehtisatoa. Kaikki lajikkeet tuottivat hyvälaatuista siementä, ja siementen itävyys oli kolmen vuoden keskiarvona 87 %.

Edellä mainituista ja Skotlannissa kolmena vuonna kasvatetuista ranskalaisista lajikkeista selvitettiin myös haihtuvan öljyn määrä, koostumus ja antibakteerinen vaikutus. Suomalainen ja skotlantilainen iisoppiöljy olivat hyvälaatuisia. Haihtuvan öljyn määrä vaihteli 0,4-1,4 % kuiva-ainesadosta. Skotlannissa lajikkeiden välillä oli melko suurta vaihtelua. Suomessa siniset ja sekaväriset iisopit sisälsivät öljyä 0,7-1,3 % ja punaiset ja valkoiset 0,6-0,8 %.

Iisoppiöljyn vaikutukset 25 bakteeria vastaan olivat vaihtelevia ja lisätutkimuksia tarvitaan antibakteeristen vaikutusten selvittämiseksi. Iisoppi osoittautui kokeissa talvenkestäväksi kasviksi, joka monivuotisenakin tuottaa hyvälaatuista öljyä Skotlannissa ja Suomessa.